



HEALTH & WELLNESS FAIR

Friday, October 4, 2019 | 8:30 am - 12 pm

8:30 am - noon for Cerritos Residents

9 am - noon for General Public

“Taking Positive Strides to a Healthier Life”

FREE BLOOD PRESSURE, THYROID,
GLUCOSE, ORAL CANCER, DENTAL,
CAROTID ARTERY SCREENING & MORE

MORE THAN 10 HEALTH SCREENINGS!
MORE THAN 50 VENDORS PROVIDING
SENIOR-RELATED INFORMATION!



Routine Senior Center activities and classes will not occur on this day. The Senior Center will be closed immediately following the event. Guests are encouraged to carpool or use alternative forms of transportation.