

The Cerritos News

Cerritos City Council approves 2022-2023 fiscal year budget

The Cerritos City Council/Successor Agency approved a \$136.1 million combined financial program for fiscal year 2022-2023 on June 23, 2022. The budget focuses on providing quality City services while maintaining fiscal responsibility. The new fiscal year began on July 1, 2022 and concludes on June 30, 2023.

Capital Improvements

Approximately \$26.6 million has been allocated toward capital improvement projects. Funds have been earmarked for capital improvement projects related to streets and highways, government buildings, water improvement and other projects focused on the reinvestment in facilities and infrastructure throughout the community. Additional capital improvement projects include park and playground improvements, residential pine tree reforestation and upgrades to the City Council Chamber audio and video systems.

Legislative and Administrative

Legislative and Administrative operating expenses outlined in the budget total approximately \$3.4 million. This reflects the entire amount required to fund the ongoing operations of the City Council, City Manager, City Attorney and City Clerk/Treasurer.

Community Development

The Community Development Department, which includes advance planning, building and safety, current planning and geographic information systems, was allocated nearly \$7 million for its operations.

Public Works/Water and Power

Approximately \$40.6 million has been designated for the Public Works/Water and Power Department, which includes engineering, traffic circulation management, parks maintenance, sewer maintenance, facility maintenance, landscaping, trash collection,

recycling, custodial services, the City's Water Division and the Cerritos Electric Utility.

Community and Safety Services

The Department of Community and Safety Services has been allotted approximately \$29.8 million for community participation, recreation services, law enforcement and code enforcement. The budget includes funds to cover an increase in the Los Angeles County Sheriff's Department contract rate for the ongoing priority of law enforcement and safety services.

Administrative Services

Approximately \$20.7 million was allocated to the Department of Administrative Services, which includes communications, finance, human resources, management information systems, support services, water billing and the Cerritos Library. The department's budget includes costs to maintain the City's water billing system, provide internal support to other departments and continue to provide Cerritos Library services.

Theater Department

The Theater Department was allotted some \$7.9 million for the operation of the Cerritos Center for the Performing Arts (CCPA). The Theater Department budget encompasses theater administration; business management; marketing and management of the CCPA performances; operations and security; special event services; and ticket office personnel.

Copies of the final approved City of Cerritos 2022-2023 Combined Financial Program will be available for public inspection in the office of the City Clerk/Treasurer and on the City's website in August. Questions about the budget should be directed to the Department of Administrative Services at (562) 860-0311. ■

C-5 well rehabilitation contract awarded

The Cerritos City Council recently awarded a \$272,534 contract to South West Pump & Drilling, Inc. to perform a pilot study and rehabilitation services on the City's proposed C-5 water well.

The study will determine the pump design and provide best available treatment alternatives to mitigate water quality challenges for the well. Coachella-based South West Pump & Drilling, Inc. will set up and remove temporary pumping equipment for pilot testing and perform chemical testing of the well. The work also includes well test pumping, wire brushing, pre-brushing and post-brushing video logs.

The majority of the water supplied to Cerritos is from three City-owned water wells. Preparation for the construction phase of the new C-5 water well is under way. The well is located at 20101 Cabrillo Lane, next to the Pioneer Villas senior housing community. ■

Contract awarded for tennis court improvements

The Cerritos City Council recently awarded a \$58,200 contract to Quality Fence Co., Inc. to replace tennis court windscreens at City parks.

The Paramount-based company will remove and

City facilities observe Labor Day

Cerritos City Hall, the City Clerk/Treasurer's Office, Cerritos Library, the Cerritos Senior Center at Pat Nixon Park and the Cerritos Center for the Performing Arts Ticket Office will be closed on Monday, September 5 in observance of Labor Day.

There will be no street sweeping and trash pick-up on Labor Day. Schedules will be delayed by one day for the remainder of the week through Saturday. The COW and Dial-A-Ride transit services will not operate on Labor Day. ■

City of Cerritos COVID-19 update

Please note that the following information is current as of press time on July 13.

Los Angeles County is now providing COVID-19 vaccinations for children ages 6 months and older. Visit vaccinatelacounty.com to find locations and schedules of clinics offering these and other COVID-19 vaccines. No appointment is needed at many locations.

The COVID-19 vaccine is free, regardless of insurance status. If insured, individuals should bring their health insurance card. Individuals will not be asked about their immigration status when getting vaccinated.

At press time, the County was reporting a total of 10,398 cases of COVID-19 in Cerritos and 87 deaths due to COVID-19. There were 160 reported cases of COVID-19 and two deaths in the unincorporated area of Cerritos. This represents an increase of 812 cases and one death in Cerritos since the July issue of "The Cerritos News." ■

Asphalt improvements planned on residential streets

The Cerritos City Council awarded a \$424,000 contract to Onyx Paving Company, Inc. to perform asphalt improvements on residential streets in Cerritos. The Anaheim-based company will remove and replace asphalt concrete for the application of slurry seal in the neighborhood bordered by Norwalk Boulevard, Del Amo Boulevard, Bloomfield Avenue and Viarna Street. The work is expected to be completed in September.

The project is funded in part through the Road Maintenance and Rehabilitation Account (RMRA), which was created as a result of Senate Bill 1 (SB1). SB1 funds are allocated to eligible cities and counties for road maintenance, rehabilitation and critical safety projects necessary for local streets and roads. ■

replace 977 linear feet of windscreen at Liberty Park; 679 linear feet of windscreen at Cerritos Park East; and 284 linear feet of windscreen at Westgate Park.

The work is expected to be completed by September. ■

Business Spotlight

A&C Urgent Care

A&C Urgent Care was selected for the City's Business Spotlight Program, which showcases companies that foster pride in the community, provide jobs and contribute to the local economy.

What was started in 1988 originally as Golden West Medical Center, A&C Urgent Care is a multi-specialty healthcare facility now serving Orange County and Los Angeles County.

A&C Urgent Care's services include worker's compensation, general health services, orthopedic care, physical therapy and acupuncture. The company also has a specialized orthopedic surgery center and x-ray facilities.

Located at 17140 Bloomfield Avenue in Cerritos, A&C Urgent Care can be reached at (562) 210-8508 and frontdesk@urgentcareac.com.

Calendar of Events

- August 1 • **Cerritos Gadabouts**, 9 a.m.-noon, Cerritos Senior Center at Pat Nixon Park. Also on August 15. Contact Virginia Harmon at (562) 477-3051.
- August 2 • **Cerritos Chinese-American Senior Citizens Association**, 1:30-4:30 p.m., Cerritos Senior Center at Pat Nixon Park. Also on August 16. Contact CT Chu at (562) 276-5831.
- August 3 • **Planning Commission** meeting, 7 p.m., City Hall Council Chambers.
- August 4 • **Friends of the 1st CEB**, 6 p.m., Liberty Park. Contact Chuck Sooter at (562) 860-8174.
- August 4 • **Parks and Recreation Commission** meeting, 5 p.m., City Hall Council Chambers.
- August 4 • **National Night Out**, 7-8:30 p.m., Heritage Park, featuring public safety displays and information and a concert.
- August 4 • **Cerritos (Mid-City) Korean-American Senior Citizens Association**, 9 a.m.-noon, Cerritos Senior Center at Pat Nixon Park. Also on August 18. Contact Kyo Kim at (562) 900-9382.
- August 4 • **Cerritos Indo-American Seniors**, 1:30 to 4:30 p.m., Cerritos Senior Center at Pat Nixon Park. Also on August 18. Contact Dinesh Shah at (562) 650-4587.
- August 4 • **Formosa Senior Association**, 1:30-4:30 p.m., Cerritos Senior Center at Pat Nixon Park. Also on August 18. Contact Christine Lee at (213) 219-1430.
- August 5 • **Filipino Seniors of Cerritos**, 1:30-4:30 p.m., Cerritos Senior Center at Pat Nixon Park. Also on August 19. Contact Mayette Centeno at (562) 331-0938.
- August 11 • **City Council** meeting, 7 p.m., City Hall Council Chambers.
- August 11 • **Bellflower Unified School District Board** meeting, 7:30 p.m., 16703 S. Clark Avenue, Bellflower.
- August 16 • **ABC Unified School District Board** meeting, 7 p.m., 16700 Norwalk Blvd., Cerritos.
- August 18 • **La Palma-Cerritos American Association of University Women**, 7 p.m. Contact Karen Cox at (562) 519-0596 for location.
- August 24 • **Let Freedom Ring Committee**, 7 p.m., Cerritos Sheriff's Station/Community Safety Center.
- August 25 • **City Council** meeting, 7 p.m., City Hall Council Chambers.
- August 30 • **Property Preservation Commission** meeting, 7 p.m., City Hall Council Chambers.

August 2022						
S	M	T	W	T	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Free emergency response training offered

The Cerritos Community Emergency Response Team (CERT) is offering disaster and emergency training on Friday, August 26 from 5:30 to 9 p.m.; Saturday, August 27 from 8:30 a.m. to 5:30 p.m.; and Sunday, August 28 from 8:30 a.m. to 5 p.m. Participants must attend all three sessions to receive the CERT certification. Classes will meet in the Cerritos Sheriff's Station/Community Safety Center at 18135 Bloomfield Avenue.

The CERT program is designed to help residents in the event of a disaster or other emergency. Participants will receive training in disaster preparedness, CERT organization, disaster medical operations, disaster psychology, fire safety and utility controls, light search and rescue, terrorism and disaster simulation. When emergencies occur, CERT members are able to provide critical support to first responders, give immediate assistance to victims and organize volunteers at a disaster site.

To register for the course or for more information, call the Community Safety Division at (562) 916-1252 or email emerina@cerritos.us. Participants are required to wear closed-toed shoes and long pants for safety purposes. Participants younger than age 18 must be accompanied by a parent or guardian. ■

City Council Recap

City Council/Successor Agency meetings are held at 7 p.m. on the second and fourth Thursday of every month at City Hall or via teleconference. For details, call the Office of the City Clerk/Treasurer from 8 a.m. to 5 p.m., Monday through Friday at (562) 916-1248.

May 26, 2022

- Authorized the City Manager to execute a budget amendment for a new Sewer Fund appropriation in the amount of \$70,944 for Towne Center Drive sewer line repair, Project No. 23601, Bid No. 1460-22; and
- Awarded a contract in the amount of \$70,944 for Towne Center Drive sewer line repair, Project No. 23601, Bid No. 1460-22, to Sancon Technologies, Inc. and rejected the other bids.
- Awarded a contract in the amount of \$199,665 for Iron-Wood Nine Golf Course fence rehabilitation (total bid), Project No. 22103, Bid No. 1457-22, to Quality Fence Co., Inc. and rejected the other bids.
- Received and filed the City of Cerritos 2021 Consumer Confidence Report.
- Awarded a contract in the amount of \$140,047.76 for printing of the Cerritos Center for the Performing Arts 2022-2023 Season Brochure, Bid No. 1461-22, to Lithographix, Inc.
- Awarded a contract in the amount of \$175,200 for the complete removal of 79 parkway trees and planting of 55 trees (total bid), Project No. 14088, Bid No. 1458-22, to West Coast Arborists, Inc.
- Awarded a contract in the amount of \$483,800 for the construction of concrete improvements in residential streets (total bid), Project No. 14088, Bid No. 1459-22, to Kalban, Inc. and rejected the other bids.
- Authorized a budget amendment for the appro-

priation of funds in the amount of \$777,710 from the General Fund for Project No. 14711, Studebaker Road Rehabilitation; and

- Awarded a contract in the amount of \$777,710 for Studebaker Road rehabilitation (total bid), Project No. 14711, Bid No. 1454-22, to Sequel Contractors, Inc. and rejected the other bids.
- Approved Councilmember Lynda P. Johnson's nominations for two-year terms of service, commencing May 26, 2022 and expiring April 30, 2024, with the Planning Commission appointee Deepak "DJ" Jhaveri commencing service effective after the June 1, 2022 Planning Commission meeting.
- Approved Councilmember Naresh Solanki's nominations for two-year terms of service ending April 30, 2024.
- Approved Mayor Chuong Vo's nominations for two-year terms of service ending April 30, 2024.
- Authorized the City Manager or designee to participate in and support the production of an extended version of the Cerritos Auto Square documentary video; and
- Authorized the City Manager or designee to facilitate a budget amendment in the amount of \$20,000 for the City to contribute towards the cost of the production of the extended version, and to execute an amendment to the Tri-Party Agreement memorializing the same.
- Directed the City Manager to provide funding recommendations at the June 6, 2022, 7 p.m. City Council/Successor Agency Special Meeting (Fiscal Year 2022-23 Budget Study Session No. 2) to maintain Citywide street pavement rehabilitation methods to sustain a "Good" level, as described in the agenda report.

June 6, 2022

- Directed staff to include the recommended financial adjustments and modifications to the proposed Fiscal Year 2022-23 budget resolution, including removal of the proposed additional Conference and Training funding proposed for the City Attorney Cost Center; and
- Present all City Council-directed items and modifications during the Fiscal Year 2022-23 City Budget Adoption Public Hearing scheduled for the Thursday, June 23, 2022, 7 p.m. City Council/Successor Agency Regular Meeting.
- Directed staff to include the recommended financial adjustments and modifications for Item 12, Sheriff's Station Operational Improvements CIP Update, to the proposed Fiscal Year 2022-23 budget resolution; and
- Appointed Mayor Pro Tem Bruce Barrows to serve as Chair of the City Council's Budget/Finance Committee.
- Increased the Cerritos Library's hours of operation by adding two hours on Saturday and Sunday, for a total of 52 hours of service per week. To accommodate the additional operating hours, increased the part-time earnings allocation by \$135,280 for a total of \$1,758,650 and increased the part-time employee benefits budget by \$52,750, for a total of \$685,790. Increased the Environmental Services Division budget within the Public Works Department budget by \$9,500 to cover the increased custodial services hours (for a grand total budget increase of \$197,530).
- Directed the City Manager to provide staffing at the Cerritos Senior Center to accommodate designated club meetings to once per week; and
- Return to pre-pandemic hours of operation, including increasing operational hours to 5 p.m.

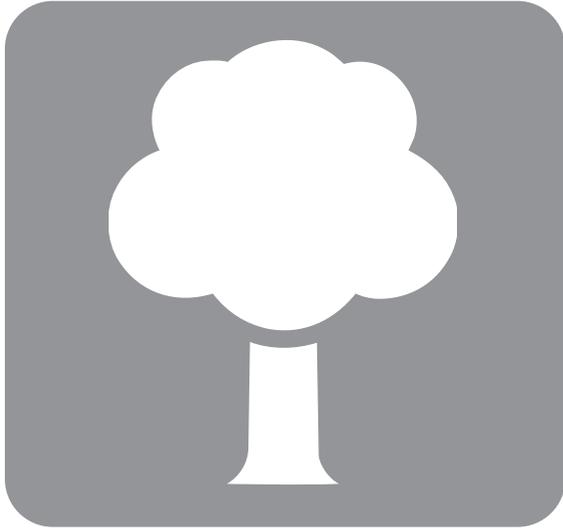
Community Services Program

PARKS MAKE LIFE BETTER

Special Events

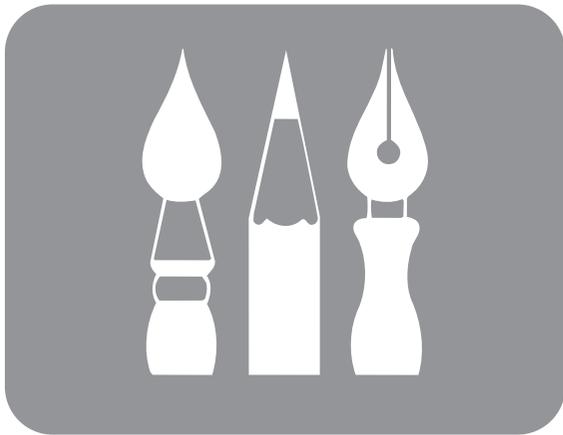
September is National Childhood Obesity Awareness Month

One in three American children is considered overweight or obese. During the month of September, families across America are helping combat childhood obesity by making healthy choices. You can do your part by encouraging your child to consume fresh fruits and vegetables, eat smaller meal portions and engage in regular physical activity. Additionally, learn about opportunities for organized and drop-in recreation activities that exist for your child featured in this Community Services Program.



Celebrate National Visit a Park Day!

National Visit a Park Day is Friday, October 7 and the community is encouraged to celebrate it at one of their favorite Cerritos parks. Comprised of 27 city parks and recreation facilities, there are a wide variety of ways to explore, experience, and enjoy them. Take a quiet stroll, play a round of golf, plan a picnic, or simply enjoy the outdoors. For more information on City parks or recreation classes, please call the Recreation Services Division at (562) 916-1254.



Kids Poster Contest

Theme: Building Community through Art

Cerritos residents, ages 5 to 14, and students currently attending schools in the ABC Unified School District, Valley Christian Schools or Bellflower Unified School District are invited to submit one poster no larger than 11" x 17" using any drawing/painting materials (pencils, chalks, pastels, crayons, water colors or acrylics) to depict the theme.

Directions: Please do not mat, mount or frame your poster; City staff will mount all posters for display purposes. Please make sure your name, age, address and phone number are on the back of the poster or use the official entry form when possible.

Deadline: Entries must be delivered to the Recreation Services Division at Cerritos City Hall no later than 5 PM on Wednesday, October 19.

Winning Posters: Winning posters will be on display on the City's website Cerritos.us starting Friday, October 28 through Monday, November 28.

For more information, please call the Recreation Services Division at (562) 916-1254.

Preschool Classes and Activities

Half Pint's Night

Join us for an evening of themed activities that may include games, crafts, and stories. Parents are required to sign children in and out of the class.

\$10 resident/\$15 non-resident		One Day
Colorful Autumn		
8544	Fri., Oct. 14 6-7:30 PM	3-5 years
	Heritage Park	

Little One's Hour

Children will enjoy a fun-filled hour of crafts, games and stories at the community centers. Parents are required to sign children in and out of each class meeting.

\$18 resident/\$27 non-resident		3 classes
Welcome to the Jungle		
8545	Tue., Sept. 13-27 3:30-4:30 PM	3-5 years
	Cerritos Park East	

Mystical Forest

8546	Tue., Oct. 11-25 3:30-4:30 PM	3-5 years
	Liberty Park	

FEATURED

Parent/Child Create Art with Me

Participants will explore different types of art and make a new masterpiece each week. Each project will encourage participants to use their imagination and creativity. Staff will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$23 resident/\$35 non-resident		5 classes
8547	Wed., Sept. 14-Oct. 12 10:15-11:15 AM	2-4 years
	Cerritos Park East	
8548	Wed., Oct. 19-Nov. 16 10:15-11:15 AM	2-4 years
	Cerritos Park East	

Parent/Child Groovy Ghoulies

Tiny witches, ghosts, and goblins are invited to come to the Parent/Child Groovy Ghoulies! Children can parade in their boo-tiful costumes (optional) and will enjoy preparing for Halloween with crafts, games, and activities. Staff will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$17 resident/\$26 non-resident		One Day
8549	Sat., Oct. 22 3-5 PM	2-4 years
	Liberty Park	

Parent/Child Olympic Play Day

Enjoy various games and sports while focusing on good sportsmanship and teamwork! Participants will complete different activities and exercises in an effort to increase their activity level. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$17 resident/\$26 non-resident		One Day
8550	Sat., Sept. 10 2-4 PM	2-4 years
	Cerritos Park East	

FEATURED



Parent/Child Story Time Fun

Participants will explore their creativity and use their imaginations. Each week, staff will read a story followed by a craft that relates to the tale. Staff will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$23 resident/\$35 non-resident		5 classes
8551	Mon., Sept. 12-Oct. 10 10:15-11:15 AM	2-4 years
	Heritage Park	
8552	Mon., Oct. 17-Nov. 14 10:15-11:15 AM	2-4 years
	Heritage Park	

Parent/Child Wiggle and Giggle with Me

This play-based class will get participants wiggling and giggling as they explore various mediums of play. Dancing and movement games will get them wiggling, while singing silly songs and stories will get children giggling. Staff will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$23 resident/\$35 non-resident		5 classes
8553	Fri., Sept. 16-Oct. 14 10:15-11:15 AM	2-4 years
	Heritage Park	
8554	Fri., Oct. 21-Nov. 18 10:15-11:15 AM	2-4 years
	Heritage Park	

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Preschool Play & Practice

Children will sing, play, and learn numbers and letters through age-appropriate activities. Each class is based on a different theme and may include cutting, pasting, and coloring. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$66 resident/\$99 non-resident		4 classes
8922	Tue., Sept. 13-Oct. 4 Liberty Park	10:15-11 AM 2-4 years
8923	Tue., Oct. 18-Nov. 8 Liberty Park	10:15-11 AM 2-4 years

**Preschool Learning with LEGO®**

Preschoolers will be introduced to the fun of learning, building, and playing the Bricks 4 Kidz way!

Water, Water, Everywhere!

Children will be fascinated to learn about some amazing things related to water. From the many creatures that live in the water such as jellyfish and fish, to the ways people can travel on water, such as boat. Let your child learn about counting and patterning, recognizing colors and shapes, ordering positional words all with the use of LEGO® DUPLO blocks and full-color model plans. Parents are required to sign children in and out of each class meeting.

\$75 resident/\$113 non-resident		4 classes
8661	Tue., Sept. 13-Oct. 4 Cerritos Park East	10:30-11:15 AM 3-5 years

What's that Sound?

What's that sound? Sometimes we hear things before we see them. There are so many different sounds in the world! Children will learn about the sounds some different things make. No one was around to hear the sounds dinosaurs made, but can you guess what they may have sounded like? They will practice letter recognition, size comparison, shape and color identification, counting, placement vocabulary, and patterning. Parents are required to sign children in and out of each class meeting.

\$75 resident/\$113 non-resident		4 classes
8662	Tue., Oct. 18-Nov. 8 Cerritos Park East	10:30-11:15 AM 3-5 years

Teeny Tumblers

Enjoy quality time together participating in activities that are fun for both parents and little cruisers. Early walkers will build important motor skills, balance and coordination as they explore tunnels, slides and ramps. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$66 resident/\$99 non-resident		4 classes
8924	Tue., Sept. 13-Oct. 4 Liberty Park	12:10-12:55 PM 2-4 years
8926	Sat., Sept. 17-Oct. 8 Liberty Park	10:30-11:15 AM 2-4 years
8925	Tue., Oct. 18-Nov. 8 Liberty Park	12:10-12:55 PM 2-4 years
8927	Sat., Oct. 22-Nov. 12 Liberty Park	10:30-11:15 AM 2-4 years

Tumble and Yoga

Tumbling and yoga increases strength, balance, flexibility and coordination while increasing attention span. Children will have fun without realizing how healthy and relaxed they are becoming. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$66 resident/\$99 non-resident		4 classes
8928	Tue., Sept. 13-Oct. 4 Liberty Park	11:15 AM-noon 2-4 years
8929	Tue., Oct. 18-Nov. 8 Liberty Park	11:15 AM-noon 2-4 years

**Cerritos Tot Lots****September through June**

This is a cooperative preschool program (not child care or day care) for children, 2-1/2 to 5 years old at Cerritos Park East, 2 years 9 months to 5 years old at Liberty Park, and 3 to 5 years old at Heritage Park. Activities will include lessons, songs, plays, crafts, excursions and parties. Parents are required to work one morning per week and attend a monthly evening meeting. Fees include initial registration, quarterly tuition and insurance.

This educational program is conducted September through June, Monday through Friday. There will be no program on ABC Unified School District breaks and holidays. New members may join as openings occur. Priority is given to Cerritos residents. For more information, contact the membership chairperson of the individual Tot Lot.

Cerritos Park East 9:30 AM-12:25 PM	Myrande Essoh (562) 231-6913
Heritage Park 9:30 AM-12:30 PM	Yukiko Elegino (562) 261-4157 Email: hptotlotvp@gmail.com
Liberty Park 9:15 AM-12:15 PM	Marijean Isla (562) 265-8805 Email: libertyparktotlot@gmail.com

Youth Classes and Activities

Bricks 4 Kidz One Day Camp – Building is Awesome!

Taco Tuesday may have come and gone, but invaders from the planet Duplon have turned our LEGO utopia into a wasteland. We need some LEGO Master builders to join us on an intergalactic journey to rescue our friends from Sweet Mayhem and bring peace (and “pieces”) back to Bricksburg! Everything is More Awesome is totally inspired by every LEGO Lover’s favorite new movie: The LEGO Movie 2: The Second Part, and will feature different activities and building challenges! Please bring a snack and drink. Parents are required to sign children in and out of each class meeting.

\$55 resident/\$83 non-resident		One Day
8659	Sat., Oct. 1 Heritage Park	10 AM-1 PM 5-12 years

Bricks 4 Kidz One Day Camp – Galaxy Far Away!

Inspired by NASA and Star Wars®, our Galaxy Far Away Camp is packed full of motorized models that will make your imagination blast off! Campers will engage in STEM-enriched lessons, learning about real-life space exploration and engineer models related to the NASA space program. This camp provides the spark for imagination and creativity to take off on an adventure that’s out of this world! Please bring a snack and drink. Parents are required to sign children in and out of each class meeting.

\$55 resident/\$83 non-resident		One Day
8660	Sat., Nov. 5 Heritage Park	10 AM-1 PM 5-12 years

Ceramics

Stimulate the imagination by creating fun projects out of clay. Learn fundamental hand-building skills and ceramics terminology. Parents are required to sign children in and out of each class meeting. Please bring a \$12 materials fee to the first class.

\$40 resident/\$60 non-resident		5 classes
8571	Thu., Sept. 29-Oct. 27 Cerritos Park East	4:30-5:30 PM 6-12 years
8572	Thu., Sept. 29-Oct. 27 Cerritos Park East	5:45-6:45 PM 6-12 years

**Chess Academy**

Learn the game of chess in a fun and enriching environment. Chess boards and pieces will be provided each week for use during each class session. Students will be evaluated and placed into their proper skill group where they will learn the Hanley Chess Academy 8 level curriculum. Learn the basic skills necessary to play a game of chess with knowledge of how all pieces move, capture, check, and checkmate. Participants will also improve their critical thinking skills, concentration, focus, and have a lot of fun in the process. When ready, they can take a test to advance to the next level. Parents are required to sign children in and out of each class meeting.

Beginning/Intermediate		4 classes
8665	Wed., Oct. 5-26 Heritage Park	6-7:30 PM 6-Adult
8666	M/W, Nov. 7-16 Heritage Park	6-7:30 PM 6-Adult

Friday Night Chess Tournament

Register for this official United States Chess Federation (USCF) tournament. Players are grouped according to their ratings in 6 or 4 player groups. Trophies will be awarded to 1st and 2nd place in each quad or hex. Players win by capturing the opponent’s king. Parents are required to sign children in and out of the class.

\$25 resident / \$38 non-resident		One Day
USCF Rated Tournament		
8667	Fri., Sept. 9 Heritage Park	5-7:30 PM 4-18 years
8668	Fri., Oct. 28 Heritage Park	5-7:30 PM 4-18 years
8669	Fri., Nov. 18 Heritage Park	5-7:30 PM 4-18 years



FEATURED

Introduction to Typing, Microsoft Word and PowerPoint

Learn proper typing skills and how to use various functions in Microsoft Word for writing reports and turn your projects into awesome slideshow presentations with animations using PowerPoint. Laptops will be provided for hands-on learning. Parents are required to sign children in and out of each class meeting. Please bring a \$10 materials fee to the first class.

\$110 resident/\$165 non-resident		5 classes
8670	Thu., Sept. 8-Oct. 6 2:45-3:30 PM Heritage Park	6-15 years
8671	Thu., Oct. 13-Nov. 10 2:45-3:30 PM Heritage Park	6-15 years

Mad Science

Join this fun-filled and educational class where new and exciting activities will be conducted each week. Students will become detectives, geologists and a bug scientist. All classes are hands-on, minds-on, and fun. Participants will create and take home projects. Parents are required to sign children in and out of each class meeting. Please bring a \$10 materials fee to the first class.

\$104 resident/\$156 non-resident		5 classes
8672	Tue., Sept. 13-Oct. 11 3:45-4:45 PM Cerritos Park East	5-12 years
8673	Tue., Oct. 18-Nov. 15 3:45-4:45 PM Cerritos Park East	5-12 years

Manners for Young Ladies and Gentlemen

Knowing what to do in social situations can build self-esteem and confidence in everyone. Children will receive a foundation of good manners while learning good communication, positive body language and proper grooming in a relaxed, fun atmosphere. Parents are required to sign children in and out of each class meeting.

\$66 resident/\$99 non-resident		4 classes
8930	Sat., Sept. 17-Oct. 8 12:30-1 PM Liberty Park	4-12 years
8931	Sat., Oct. 22-Nov. 12 12:30-1 PM Liberty Park	4-12 years



Sound Start Reading

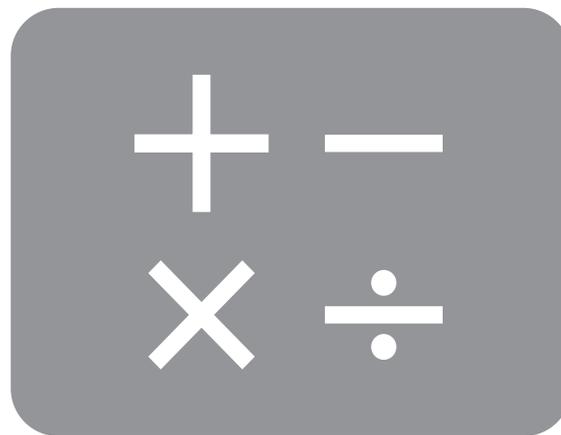
Readwrite Educational Solutions, Inc.™ beginning reading program can make the difference between a struggling student and a successful one. Specially trained teachers will test, structure, and implement an individualized phonics program. Decoding, spelling, vocabulary, and comprehension are all featured in this fundamental approach to reading. Parents are required to sign children in and out of each class meeting.

\$85 resident/\$128 non-resident		6 classes
8674	T/Th, Sept. 8-27 3:30-4:15 PM Cerritos Park East	5-6 years
8675	T/Th, Oct. 4-20 3:30-4:15 PM Cerritos Park East	5-6 years
8676	T/Th, Nov. 1-17 3:30-4:15 PM Cerritos Park East	5-6 years

Reading Development

Readwrite Educational Solutions, Inc.™ supplementary reading program is designed to improve vocabulary, comprehension and spelling skills. Periodic testing will be conducted to assess progress and reports will be distributed to parents. Parents are required to sign children in and out of each class meeting.

\$85 resident/\$128 non-resident		6 classes
8677	T/Th, Sept. 8-27 5:10-5:55 PM Cerritos Park East	7-11 years
8678	T/Th, Oct. 4-20 5:10-5:55 PM Cerritos Park East	7-11 years
8679	T/Th, Nov. 1-17 5:10-5:55 PM Cerritos Park East	7-11 years



Math Development

Readwrite Educational Solutions, Inc.™ comprehensive, individualized math program evaluates students and pinpoints skill gaps. The primary building blocks of addition, subtraction, multiplication, and division are continually reinforced. Participants will build confidence and a solid foundation of fundamental math knowledge. Parents are required to sign children in and out of each class meeting.

\$85 resident/\$128 non-resident		6 classes
8680	T/Th, Sept. 8-27 4:20-5:05 PM Cerritos Park East	7-11 years
8681	T/Th, Oct. 4-20 4:20-5:05 PM Cerritos Park East	7-11 years
8682	T/Th, Nov. 1-17 4:20-5:05 PM Cerritos Park East	7-11 years

STEM Learning with LEGO®

Students will build realistic objects out of LEGO® bricks in this interactive and hands-on program.

Transportation Timeline!

Explore the history of transportation from horse and buggy and trains to the development of the automobile and flight. Each lesson introduces terminology related to each mode of transportation, like “lift and propulsion” for the airplane. Lots of building fun ahead with motorized models of a train, car, dragster and airplane. These models rock, roll and spin! Your child can follow our step-by-step model plans to create their vehicle, then customize it to their own specifications and take their mini-figure for a ride! Each student will receive a customized LEGO minifigure and Certificate of Achievement on the last day of class. Parents are required to sign children in and out of each class meeting.

\$95 resident/\$143 non-resident		4 classes
8663	Tue., Sept. 13-Oct. 4 4:30-5:30 PM Cerritos Park East	6-12 years

Energy is Everywhere!

Energy is essential to almost everything we do, from the lights in our homes and classrooms to the gasoline that fuels our cars. Introduce your students to the world of energy in all its amazing forms. This STEM-enriched unit explores many sources of energy from wind and solar power to biofuel and fossil fuel. Students will define terms like renewable, landfill, greenhouse effect and generator and engineer moving models of just some of the awesome ways we power our world. Each student will receive a customized LEGO minifigure on the last day of class. Parents are required to sign children in and out of each class meeting.

\$95 resident/\$143 non-resident		4 classes
8664	Tue., Oct. 18-Nov. 8 4:30-5:30 PM Cerritos Park East	6-12 years

Teen Classes and Activities

The Recreation Services Division offers a variety of programs and activities for teens ages 13 to 17. For more information regarding teen programs and activities, please call the Recreation Services Division at (562) 916-1254.

Volunteer Opportunities

Be a Recreation Services Volunteer and assist leaders with daily park programs, swim classes, and city-wide special events. All volunteers need to be 13 years of age or older, and each volunteer must have a City of Cerritos Recreation Services Division Volunteer Application/Waiver on file, complete the fingerprinting process, and attend a volunteer orientation workshop prior to being assigned to any program or event. In addition, volunteers are required to attend two enrichment workshops a year to maintain their active status.

The Application/Waiver is available online in the Recreation section of the City’s homepage at cerritos.us or at any Cerritos community center. Volunteers under the age of 18 must obtain a signature from their parent or guardian. Fingerprinting is conducted by appointment only on the first Wednesday of every month, except holidays. Orientation dates are listed in the volunteer section.

Pursuant to California state law, a county, city or special district shall not assign a volunteer to perform services, in a position having supervisory or disciplinary authority over a minor, if that person has been convicted of an offense specified in Public Resource Code 5164.

Registered volunteers will receive a letter with their recorded hours on a quarterly basis. Upon completion of a minimum number of service hours, volunteers will be invited to an annual volunteer recognition. The demand for volunteers, assignments, and hours vary from season to season. For more information regarding volunteer opportunities, workshops, orientations, and fingerprinting appointments, please call Heritage Park at (562) 916-8570.



Workshop for Teens: Networking 101

Networking is the process of creating and maintaining relationships with others through ongoing communication. This introduction to the concept of networking will help teens understand the importance of establishing mutually beneficial relationships with professionals, educators, and peers. Space is limited so pre-registration is recommended.

Free	One Day	
8555	Sat., Oct. 8 10-11:30 AM Cerritos Park East	13-18 years

REGISTER!

Help avoid program cancellations!

A minimum number of registered participants is required for each class.

Failure to register may result in program cancellations.

Adult Classes and Activities

Adult CPR

Learn how to perform adult, single-rescuer CPR, recognize the signs of a heart attack, and assist choking victims. Participants who successfully complete the course will receive a two-year certificate from the American Red Cross. Parents are required to sign children in and out of the class. A \$25 materials fee will be charged at the time of registration.

resident: \$25 materials fee only		
non-resident: \$38 plus \$25 materials fee	One Day	
8556 Wed., Sept. 14	4:30-7:30 PM	12-Adult Cerritos Park East



Special Olympics

Special Olympics is an international non-profit organization dedicated to empowering individuals with intellectual disabilities to become physically fit, productive, and respected members of society through sports training and competition. Special Olympics training and competition opportunities exist through the Recreation Services Division on a seasonal basis. Special Olympics swimming and soccer training and competition is offered once per year to individuals who meet the eligibility requirements. For more information, please call the Recreation Services Division at (562) 916-1254.

Transportation

The City of Cerritos provides the community with a Dial-A-Ride transit system. Offered to seniors and people with disabilities, the system operates seven days a week throughout the Cerritos area. To use the service, call (866) 402-RIDE (7433) between 8 AM and 8 PM, Monday through Friday or from 8 AM to 5 PM on Saturday and Sunday. Reservations can be made up to 48 hours in advance of required pick-up times.

Adaptive Dance and Movement

Put on those dancing shoes and come participate in this fun class that will have everyone moving to the music. This class will incorporate physical fitness and fun games while teaching choreographed dance steps. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Parents are required to sign children in and out of each class meeting.

\$12 resident/\$18 non-resident	8 classes
8558 Wed., Sept. 28-Nov. 16 6-6:45 PM	6-12 years Cerritos Park East
8559 Wed., Sept. 28-Nov. 16 7-7:45 PM	13-Adult Cerritos Park East



Adaptive Dinner and a Movie Night – Luca

Come spend a Saturday night at Cerritos Park East and enjoy a movie and dinner from a local restaurant. Ice breaker games will be conducted prior to the movie. The program is an excellent opportunity for socialization and fun. The movie is rated PG and is 1 hour and 35 minutes in length. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Parents are required to sign children in and out of the class.

\$10 resident/\$15 non-resident	One Day
8560 Sat., Sept. 10	5:30-7:30 PM 13-Adult Cerritos Park East



Adaptive Families Halloween Party

Join in this hauntingly fun evening designed especially for Adaptive Recreation participants and their families. Dinner is provided and participants will make creepy crafts, enjoy some spooky snacks and have fun dancing to the 'Monster Mash'. Don't forget to wear costumes for the big costume contest! Families are encouraged to attend. Pre-registration is required for participants and each family member attending.

\$10 resident/\$15 non-resident	One Day
8958 Fri., Oct. 21	6-8:30 PM 3-Adult Cerritos Park East

Adaptive Game Night

Adaptive Game Night is all about games, games, and more games! Spend an evening with friends playing board games, card games, and other organized games such as scavenger hunts and team builders. A light snack will be provided. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Parents are required to sign children in and out of the class.

Free	One Day
8561 Sat., Nov. 19	5-7 PM 13-Adult Cerritos Park East

Adaptive Sports Medley

This class will provide a great opportunity for physical activity and socialization. Each week participants will learn fundamentals of a new sport in a non-competitive manner such as but not limited to lawn bowling, volleyball, tennis, track and field and softball. The field of play will be modified according to participant's abilities. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Wear sneakers or athletic shoes. Parents are required to sign participant in and out of class.

\$26 resident/\$39 non-resident	6 classes
8562 Thu., Sept. 8-Oct. 13 6-6:45 PM	5-12 years Cerritos Park East
8563 Thu., Sept. 8-Oct. 13 7-7:45 PM	13-Adult Cerritos Park East

REGISTER!

Help avoid

program cancellations!

A minimum number of registered participants is required for each class.

Failure to register may result in program cancellations.



Community CPR and First Aid Basics

Prepare for accidents that may occur at home or around the workplace. Learn methods for basic first aid and performing infant, child, and adult CPR. Participants who successfully complete the course will receive a two-year certificate from the American Red Cross. Parents are required to sign children in and out of the class. A \$25 materials fee will be charged at the time of registration.

resident: \$25 materials fee only		
non-resident: \$60 plus \$25 materials fee	One Day	
8557 Sat., Sept. 17	10 AM-3:30 PM	12-Adult Cerritos Park East

Adaptive Recreation

The Recreation Services Division is pleased to comply with the Americans with Disabilities Act (ADA). Reasonable accommodations will be made in recreation programs and facilities to enable participation by an individual with a disability. Cerritos is committed to providing residents with disabilities the benefit of City programs. Participants must meet eligibility requirements for the program.

For more information and support for accessibility of programs and facilities, call the Recreation Services Division office at (562) 916-1254.

Recreation Programs

- Adaptive Basketball – January through February
- Adaptive Dance and Movement – Year-round
- Adaptive Fitness Fun – April through May
- Adaptive Game Night – Quarterly
- Adaptive Golf Clinic - July
- Adaptive Movie Night – Quarterly
- Adaptive Soccer – June through August
- Adaptive Sports Medley – September through November
- Adaptive Swimming – Year-round
- Special Olympics Soccer – August through November
- Special Olympics Swimming – February through June



Dance, Adult/Youth

Baby Ballet

For little tykes who love to dance this is a fun introduction to ballet, which includes beginning movements, and arm and foot positions. The class will help develop self-confidence and poise through the art of dance. Parents are required to sign children in and out of each class meeting.

\$55 resident/\$83 non-resident		5 classes
8564	Fri., Sept. 9-Oct. 7 4-4:45 PM Liberty Park	3-5 years



Ballet/Tap Combo

Children will develop self-confidence and poise through the art of dance. Posture, grace, rhythm, basic stretches, and body positions are taught through specially designed exercises. Parents are required to sign children in and out of each class meeting.

\$55 resident/\$83 non-resident		5 classes
8565	Fri., Sept. 9-Oct. 7 4:55-5:40 PM Liberty Park	4-7 years
8566	Sat., Sept. 10-Oct. 8 11:15-noon Cerritos Park East	3-5 years
8579	Mon., Sept. 26-Oct. 24 4-4:45 PM Cerritos Park East	3-4 years
8580	Mon., Sept. 26-Oct. 24 5-5:45 PM Cerritos Park East	5-6 years
8581	Mon., Sept. 26-Oct. 24 6-6:45 PM Cerritos Park East	5-8 years

FEATURED

Classical South Indian Dance

Learn Bharata Natayam, a classical dance from South India, including foot, hand, and eye movements. The class will include stretching, simple choreography, and storytelling. Dress in comfortable clothes. Parents are required to sign children in and out of each class meeting.

\$55 resident/\$83 non-resident		5 classes
Session I		
8575	Wed., Sept. 7-Oct. 5 5:30-6:30 PM Liberty Park	5-12 years
8573	Sat., Sept. 10-Oct. 8 10:15-11:15 AM Liberty Park	5-10 years
8574	Sat., Sept. 10-Oct. 8 11:30 AM-12:30 PM Liberty Park	16-Adult
Session II		
8578	Wed., Oct. 19-Nov. 16 5:30-6:30 PM Liberty Park	5-12 years
8576	Sat., Oct. 22-Nov. 19 10:15-11:15 AM Liberty Park	5-10 years
8577	Sat., Oct. 22-Nov. 19 11:30 AM-12:30 PM Liberty Park	16-Adult

Hip Hop Dance

Learn the latest dance moves! Moves and music are age appropriate. This fun, high energy class for boys and girls introduces fundamental hip hop and hip hop funk moves. Class promotes coordination, rhythm, creativity, and fun. Parents are required to sign children in and out of each class meeting.

\$55 resident/\$83 non-resident		5 classes
Session I		
8932	Tue., Sept. 6-Oct. 4 4-4:45 PM Cerritos Park East	3-5 years
8933	Tue., Sept. 6-Oct. 4 4:55-5:40 PM Cerritos Park East	5-7 years
8934	Tue., Sept. 6-Oct. 4 5:50-6:35 PM Cerritos Park East	7-10 years
8935	Tue., Sept. 6-Oct. 4 6:45-7:30 PM Cerritos Park East	9-13 years
Session II		
8936	Tue., Oct. 18-Nov. 15 4-4:45 PM Cerritos Park East	3-5 years
8937	Tue., Oct. 18-Nov. 15 4:55-5:40 PM Cerritos Park East	5-7 years
8938	Tue., Oct. 18-Nov. 15 5:50-6:35 PM Cerritos Park East	7-10 years
8939	Tue., Oct. 18-Nov. 15 6:45-7:30 PM Cerritos Park East	9-13 years

Salsa

In this beginning salsa class participants will learn the basic figures and footwork to get started on the dance floor. Partner combinations will be covered. No partner is necessary; singles are welcome. Parents are required to sign children in and out of each class meeting.

\$36 resident/\$54 non-resident		5 classes
8567	Thu., Sept. 8-Oct. 6 6:30-7:30 PM Liberty Park	14-Adult
8568	Thu., Oct. 20-Nov. 17 6:30-7:30 PM Liberty Park	14-Adult

Zumba

Zumba is an aerobic work out that combines different movements and rhythms such as salsa, cumbia, merengue, belly dance, rock and roll, and much more! Zumba is an effective, easy, and fun way to get in shape. Parents are required to sign children in and out of each class meeting. NO CLASS OCT. 31

\$39 resident/\$59 non-resident		5 classes
8569	Mon., Sept. 12-Oct. 10 5:30 - 6:30 PM Liberty Park	16-Adult
8570	Mon., Oct. 17-Nov. 21 5:30 - 6:30 PM Liberty Park	16-Adult

Music, Adult/Youth

Cerritos College Community Band

Fees paid to Cerritos College
 The Cerritos College Community Band is dedicated to the performance of popular, family-oriented compositions and is comprised of brass, woodwind and percussion instruments. Emphasis will be placed upon the development of individual musicianship through both large and small group rehearsals. Musical compositions of a wide variety will be studied. Registration will take place through Cerritos College. For further information, please contact David Betancourt, Director of Bands, at dbetancourt@cerritos.edu

Community Band		
Tue., Aug. 16-Dec. 13	7-9 PM	12-Adult Cerritos College

Community Jazz Band

Fees paid to Cerritos College
 The Cerritos College Community Jazz Band is dedicated to the performance of popular, family-oriented jazz compositions and is comprised of brass, woodwind and rhythm instruments. Emphasis will be placed upon the development of individual musicianship through both large and small group rehearsals. Musical compositions of a wide variety will be studied. Registration will take place through Cerritos College. For further information, please contact David Betancourt, Director of Bands, at dbetancourt@cerritos.edu

Jazz Band		
Wed., Aug. 17-Dec. 14	7-9 PM	12-Adult Cerritos College

Community Orchestra

Fees paid to Cerritos College
 The Cerritos College Community Orchestra is dedicated to the performance of popular, family-oriented compositions and is comprised of brass, woodwind, String, and percussion instruments. Emphasis will be placed upon the development of individual musicianship through both large and small group rehearsals. Musical compositions of a wide variety will be studied. Registration will take place through Cerritos College. For further information, please contact David Betancourt, Director of Bands, at dbetancourt@cerritos.edu

Orchestra		
Mon., Aug. 15-Dec. 12	6-9 PM	12-Adult Cerritos College

FEATURED

Drums for Fun

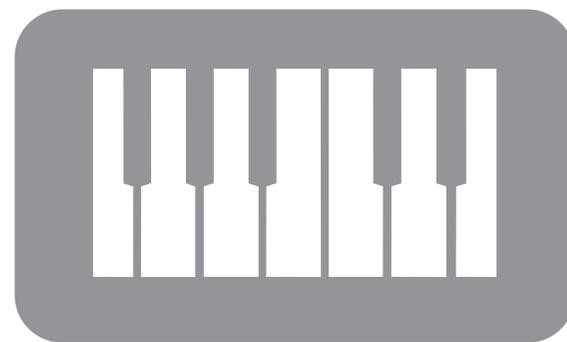
Learn the basic techniques of drumming from a professional musician. Instruction will include proper grip positions, hand and wrist development, sight reading, hand and foot coordination, rudimentary training, and drum set techniques. Practice pads and sheet music will be provided. Parents are required to sign children in and out of each class meeting. Please bring your own drum sticks to each class meeting or bring \$6 materials fee to purchase drum sticks. Students may purchase take-home pads at an additional fee.

\$98 resident/\$147 non-resident		6 classes
8593	Tue., Sept. 20-Oct. 25 4:30-5:30 PM Heritage Park	6-Adult

Guitar

Learn beginning guitar chording, strumming, and self-accompaniment. Modern and pop songs will be included. Students must bring a guitar. Parents are required to sign children in and out of each class meeting. Please bring a \$5 materials fee to the first class.

\$52 resident/\$78 non-resident		6 classes
8592	Mon., Sept. 19-Oct. 24 4:30-5:15 PM Liberty Park	9-Adult



Piano

Learn the basics and play songs in class each week. Students must have access to a piano or keyboard outside of class to practice lessons. Course instruction will be provided on electronic keyboards. All students are required to purchase a music book; information will be given at the first class meeting. With previous piano experience or having taken the Beginning I class, students may enroll in the Beginning II. Parents are required to sign children in and out of each class meeting.

\$75 resident/\$112 non-resident		6 classes
Beginning I		
8619	Mon., Sept. 19-Oct. 24 5-6 PM Cerritos Park East	7-13 years
Beginning II		
8620	Mon., Sept. 19-Oct. 24 6:15-7:15 PM Cerritos Park East	7-13 years

Sports/Fitness, Adult/Youth

Cerritos Fitness Centers

Fitness Centers are located in the Cerritos Olympic Swim & Fitness Center and the Liberty Park Community Center. The Swim & Fitness Center is equipped with locker room facilities.

- Membership is available to Cerritos residents, 16 years and older.
- Individual memberships are \$50 per year.
- Replacement card may be purchased for \$5.
- Fitness Centers include a multi-max station, treadmills, stair climbers, and life cycles.
- Adults working in Cerritos can purchase an annual business membership for \$50, valid only Monday through Friday from 6 AM to 2 PM at the Swim Center location and 10 AM to 5 PM at the Liberty Park location.
- Waiver required.
- Membership cards are valid at both locations and must be presented to enter.

Fitness Center Hours:

Swim Center Location

Monday through Friday	6 AM-2 PM / 5-9 PM
Saturday/Sunday	7 AM-2 PM

Liberty Park Location

Monday through Friday	10 AM-8 PM
Saturday/Sunday	10 AM-8 PM*

*6 PM beginning October 2

For more information, please call the Recreation Services Division at (562) 916-1254.



Tennis Courts

Courts are available for use at Liberty Park and Cerritos Park East. Tennis courts may be closed without prior notice.

Cerritos residents:

- May use the courts at no charge during regular park operating hours.
- Age 16 years and older may reserve one (1) court up to one (1) week in advance and no less than one (1) hour in advance.
- A 5-minute grace period will be given before the court is released.
- Only one (1) reservation per family account may be held at any given time.
- Must present a valid California Driver's License or valid California ID with current Cerritos address and must be in the City's database to check out a court key.
- Reservations will only be taken in person or over the phone by calling Liberty Park at (562) 916-8565 or Cerritos Park East at (562) 407-2611 during normal operating hours.

Non-residents:

- May use the courts for drop-in play Monday through Friday, between 10 AM and 3 PM, for a \$7 hourly fee.
- No reservations allowed.
- Adults working in Cerritos may drop-in to play Monday through Friday only, between 10 AM and 3 PM, at no charge.
- Must present a valid California Driver's License or California ID and proof of employment in Cerritos.

Sand Volleyball Courts

- Courts are available for use at Liberty Park. The sand volleyball courts may be closed without prior notice.
- Cerritos residents, 16 years and older, may reserve one court up to one (1) week in advance free of charge.
- Non-residents, 16 years and older, may reserve one (1) court up to two (2) days in advance free of charge.
- Reservations will be a maximum of one (1) hour and may be booked on the hour or on the half hour.
- A 5-minute grace period will be given before the court is released. Only one (1) reservation per family account may be held at any given time.
- Must present a valid California Driver's License or valid California ID with current Cerritos address and must be in the City's database to access court.
- Reservations will be taken in person or over the phone by calling Liberty Park at (562) 916-8565 during normal operating hours.

Low Impact Aerobics

18 years and older

\$3 resident/\$5 non-resident

(Payable at each class meeting by credit card only)

Have a great workout with these low impact classes. Most classes include warm-up flexibility stretches, aerobic cardiovascular conditioning, floor work for abdominal and posterior/legs, and muscular endurance exercises for large and small muscle groups. Wear appropriate clothing and tennis shoes, and bring a towel. Appropriate ID must be presented every time to receive the resident rate. All classes are conducted in the Cerritos Park East dance room and are first-come, first-served. Space is limited.

Saturday	10-11 AM
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Jazzercise

Monthly Fees \$69 with EFT*

One Time Class \$15

Registration taken at class site by course instructor.

Blending easy to follow dance steps with fun dance routines, Jazzercise will enhance cardiovascular fitness, balance, posture, strength, and flexibility. Certified professional Jazzercise instructors will cue participants through the moves that incorporate various elements of dance with resistance training, pilates, yoga, kickboxing, and more. The 60-minute workout is effective for every age, skill, and fitness level. Please bring a floor mat and water bottle; hand weights are optional.

Monthly fee allows patrons to attend any of the classes.

*EFT (Electronic Funds Transfer) or Easy Fitness Ticket allows patrons to automatically pay for Jazzercise programs through an electronic funds transfer each month. Patrons must pay a \$30 joining fee.

Monday	10:15-11:15 AM	Cerritos Park East
Wednesday	10:15-11:15 AM	Cerritos Park East
Friday	10:15-11:15 AM	Cerritos Park East
Sunday	10:15-11:15 AM	Cerritos Park East

Ballet Barre

Join this low impact ballet based exercise class. By using the barre you will stretch, strengthen, lengthen, tone, and elongate your muscles. Also increase balance, strength, stamina, posture, endurance, core strength, and muscle tone. Beginners welcome. No dance experience required. Parents are required to sign children in and out of each class meeting.

\$40 resident/\$60 non-resident **4 classes**

8582	Mon., Sept. 12-Oct. 3	10:15-11:15 AM	8-Adult
	Liberty Park		
8583	Wed., Sept. 14-Oct. 5	10:15-11:15 AM	8-Adult
	Liberty Park		
8584	Mon., Oct. 17-Nov. 7	10:15-11:15 AM	8-Adult
	Liberty Park		
8585	Wed., Oct. 19-Nov. 9	10:15-11:15 AM	8-Adult
	Liberty Park		

Body Sculpting - Weights/Cardio Exercise

Use weights, cardio exercise and circuit training to look and feel better. Participants will also learn proper gym etiquette and how to properly use equipment in the fitness center. Wear workout clothes, bring a towel, and be ready for a great workout. Membership in a Cerritos Fitness Center is required.

\$36 Cerritos resident only **5 classes**

8589	Sat., Sept. 10-Oct. 8	8:30-9:30 AM	18-Adult
	Swim & Fitness Center		
8590	Sat., Oct. 22-Nov. 19	8:30-9:30 AM	18-Adult
	Swim & Fitness Center		

Core Yolates

Enjoy this new workout trend that combines two popular methods of exercise - yoga and Pilates. This course will emphasize core stabilization, lengthening, toning, and body sculpting. Yolates also improves core strength, posture and overall body awareness. Please bring a stability ball, resistance band and weights to class. Parents are required to sign children in and out of each class meeting.

\$60 resident/\$90 non-resident **5 classes**

8940	Sun., Sept. 11-Oct. 9	10:15-11:45 AM	13-Adult
	Liberty Park		
8941	Sun., Oct. 23-Nov. 20	10:15-11:45 AM	13-Adult
	Liberty Park		

Gymnastics: Jammin' Gymnasts

Discover the inner gymnast inside everyone! Gymnastics also improves coordination and strength development. Girls and boys of all skill levels will safely learn recreation gymnastics techniques such as cartwheels, round-offs, rolls, handstands, and more. Obstacle courses and music will make learning fun while creating confidence and a positive learning environment! Parents are required to sign children in and out of each class meeting. Please bring a \$2 materials fee to the first class.

\$60 resident/\$90 non-resident **4 classes**

Session I

8625	Wed., Sept. 14-Oct. 5	3:20-4:20 PM	4-6 years
	Cerritos Park East		
8626	Wed., Sept. 14-Oct. 5	4:35-5:35 PM	5-10 years
	Cerritos Park East		

Session II

8627	Wed., Oct. 19-Nov. 9	3:20-4:20 PM	4-6 years
	Cerritos Park East		
8628	Wed., Oct. 19-Nov. 9	4:35-5:35 PM	5-10 years
	Cerritos Park East		

FEATURED

Hatha Yoga

Experience the release of tension and stress through a series of postures which develop strength, flexibility, concentration, and balance. Please bring your own yoga mat to each class and wear comfortable clothing.

\$60 resident/\$90 non-resident **5 classes**

8942	Tue., Sept. 6-Oct. 4	10:15-11:15 AM	18-Adult
	Cerritos Park East		
8944	Thu., Sept. 8-Oct. 6	10:15-11:15 AM	18-Adult
	Cerritos Park East		
8943	Tue., Oct. 18-Nov. 15	10:15-11:15 AM	18-Adult
	Cerritos Park East		
8945	Thu., Oct. 20-Nov. 17	10:15-11:15 AM	18-Adult
	Cerritos Park East		

Martial Arts

Karate provides an excellent physical and mental workout, increasing coordination and flexibility. The well-rounded curriculum incorporates ground and stand-up self-defense, kata and weaponry. Experience strength and confidence boosting fun classes with something for every member of the family. Parents are required to sign children in and out of each class meeting. NO CLASS OCTOBER 31 AND NOVEMBER 22, 23, 24

\$84 resident/\$126 non-resident **12 classes**

8954	T/Th, Sept. 6-Oct. 13	3:30-4:30 PM	8-Adult
	Liberty Park		
8953	M/W, Sept. 7-Oct. 17	3:30-4:30 PM	4-7 years
	Liberty Park		
8956	T/Th, Oct. 18-Dec. 1	3:30-4:30 PM	8-Adult
	Liberty Park		
8955	M/W, Oct. 19-Dec. 5	3:30-4:30 PM	4-7 years
	Liberty Park		

Pickleball Round-Robin Social

Join the Pickleball Round Robin Social at Liberty Park! All players will participate in three 30-minute matches against different players in a true round-robin format. No partner is needed. Mixed-doubles play are randomly drawn based on the number of registrations. Intermediate level preferred. Prizes are awarded for first and second place.

\$5 per person **One Day**

8586	Thu., Sept. 15	10 AM-noon	18-Adult
	Liberty Park		



Pilates

This Pilates class will combine barre work and cardio to tone and strengthen the entire body. Thera-bands and exercise balls will be provided by the instructor to work on specific muscles and muscle groups to increase strength and agility. This revolutionary toning and conditioning system stretches, strengthens, and realigns overused joints, and muscles. Parents are required to sign children in and out of each class meeting. Participants will work at an individualized pace.

	\$50 resident/\$75 non-resident	5 classes
8946	Tue., Sept. 6-Oct. 4 6-7 PM Liberty Park	13-Adult
8948	Thu., Sept. 8-Oct. 6 6-7 PM Cerritos Park East	13-Adult
8947	Tue., Oct. 18-Nov. 15 6-7 PM Liberty Park	13-Adult
8949	Thu., Oct. 20-Nov. 17 6-7 PM Cerritos Park East	13-Adult

Stride Cerritos - Fitness Walkers

Join Stride Cerritos and walk to fitness. During each session, walkers will receive instruction on the fundamentals of aerobic development through walking workouts. Cardiovascular improvement, muscle development and decreased body fat will be emphasized.

	Free	16 classes
8587	T/Th, Sept. 6-Oct. 27 6:30-7:30 PM Liberty Park	16-Adult

Yoga For Kids

Yoga is a safe, fun and non-competitive way for children to exercise and develop coordination. Yoga also strengthens the body, builds self-esteem, and increases focus and concentration. Parents are required to sign children in and out of each class meeting.

	\$66 resident/\$99 non-resident	4 classes
8950	Sat., Sept. 17-Oct. 8 11:30 AM-12:15 PM Liberty Park	4-12 years
8951	Sat., Oct. 22-Nov. 12 11:30 AM-12:15 PM Liberty Park	4-12 years



FEATURED

Yoga For Relaxation

Enjoy an introductory course in conditioned relaxation based on the ancient art of hatha yoga as it is taught in India. This course consists of stretching, breathing, and relaxation exercises, which relieve mental tension, emotional stress, and physical strain. Exercise mats will be provided. Parents are required to sign children in and out of each class meeting.

	\$60 resident/\$90 non-resident	5 classes
8621	Mon., Sept. 12-Oct. 10 6:45-7:45 PM Liberty Park	14-Adult
8622	Wed., Sept. 14-Oct. 12 6:45-7:45 PM Liberty Park	14-Adult
8623	Mon., Oct. 17-Nov. 14 6:45-7:45 PM Liberty Park	14-Adult
8624	Wed., Oct. 19-Nov. 16 6:45-7:45 PM Liberty Park	14-Adult

**Sports Leagues,
 Adult/Youth**

Adult Men's and Coed Slow Pitch Leagues

\$320 resident/\$355 non-resident
\$35 new team registration fee
\$60 fine payable after forfeiture

The City of Cerritos, in conjunction with Major League Softball, offers an Adult Slow Pitch League to community and business teams. The registration fee includes ten games, statistics, game balls, newsletters, team and individual awards and league leader awards. Officials' fees of \$30 per team per game must be paid prior to the first pitch of each game. For more information, please call Major League Softball at (714) 289-1983 ext. 2.

League	Day	Field	Starting Date
Men	Tue.	Sports Complex / Liberty Park	Sept. 6
	Wed.	Sports Complex / Liberty Park	Sept. 7
	Thu.	Sports Complex / Liberty Park	Sept. 8
	Fri.	Sports Complex / Liberty Park	Sept. 9
	Sun.	Sports Complex / Liberty Park	Sept. 11
Coed	Wed.	Sports Complex / Liberty Park	Sept. 7
	Fri.	Sports Complex / Liberty Park	Sept. 9
	Sun.	Sports Complex / Liberty Park	Sept. 11

Registration Information

Registration for the upcoming season will take place on-line through Tuesday, August 30. Please visit mlsoftball.com to register your team. Priority registration is granted to any team presenting proof that 51% of the members on their roster reside in the City of Cerritos or are employees of a business located in the City of Cerritos. Proof of residency with a valid California identification card is required for Cerritos residents and valid business identification is required for Cerritos businesses.

Youth Basketball Clinic

Register your aspiring basketball star for this valuable skills clinic and benefit from the expertise of local high school coaches. Youngsters will learn and improve fundamental skills such as dribbling, rebounding, and shooting. Teamwork, sportsmanship, and leadership will also be emphasized.

	Free	One Day
8588	Sat., Sept. 17 2-3:30 PM Community Gym at Cerritos High School	7-13 years

Sports Officials Needed

Adults and teenagers, 16 years and older, are invited to apply as sports officials. Hourly wages are dependent upon education and experience and range from \$12 to \$25 per game. All officials must be fingerprinted prior to being assigned. For more information, please call the Cerritos Sports Complex at (562) 916-8590. Previous officiating experience is desirable.

Pursuant to California state law, a county, city or special district shall not assign a volunteer to perform services, in a position having supervisory or disciplinary authority over a minor, if that person has been convicted of an offense specified in Public Resource Code 5164.

**Golf,
 Adult/Youth**

**Cerritos Iron-Wood Nine Golf Course
 (562) 916-8400**

The City of Cerritos Iron-Wood Nine Golf Course is a nine-hole, par 29, 1,468-yard, executive golf course. The lighted driving range offers a choice of hitting off mats or grass. Rental clubs and handcars are available; reservations can be made up to one week in advance. Starting times will begin at 6 AM depending upon course conditions.

For more information and support for accessibility of programs and facilities, please call the Recreation Services Division at (562) 916-1254.

Hours of Operation:

Effective September 4, 2022
 Monday through Friday 6:30 AM-7 PM
 Saturday/Sunday 6:30 AM-6 PM

Course Hours

Daily 6:30 AM to Sunset

Range Hours:

Monday through Friday 6:30 AM to 7 PM
 Thursday 11 AM to 7 PM
 Saturday/Sunday 6:30 AM to 6 PM

The last range bucket will be sold 30 minutes prior to closing.

Cerritos residents must present a valid California Driver's License or a valid California ID with current Cerritos address. Residents that have not secured a new California issued ID with a current Cerritos address must present an ID and provide a utility bill, rent receipt, tax bill, escrow papers, credit card, bank statement, or car registration that is postmarked within the last 60 days.



Golf Course Dress Code

The Cerritos Iron-Wood Nine Golf Course enforces its dress code policy. Men must wear a presentable shirt with sleeves. Tank tops, sleeveless shirts, swim suits and other dress deemed inappropriate for the course will not be allowed. Women must also wear a presentable shirt. Halter tops, tube tops, swim suits, and other dress deemed inappropriate for the course will not be allowed.

Golf Course Fees

Weekday Green Fees

\$11.00 Cerritos Resident, age 18 and older
 \$13.00 Non-resident, age 18 and older
 \$8.00 Cerritos Resident Senior, age 60 and older
 \$9.00 Non-resident Senior, age 60 and older
 \$7.50 Cerritos Resident Junior, age 18 and under with a current high school ID card
 \$8.50 Non-resident Junior, age 18 and under with a current high school ID card

Weekend/Holiday Green Fees

\$12.00 Cerritos Resident, age 18 and older
 \$15.50 Non-resident, age 18 and older
 \$7.50 Cerritos Resident Junior, age 18 and under with a current high school ID card
 \$8.50 Non-resident Junior, age 18 and under with a current high school ID card

Driving Range Fees

\$6.00 Small Bucket Card (51 balls)*
 \$9.50 Large Bucket Card (102 balls)**
 \$20.00 Value Card (280 balls)
 \$45.00 Value Card (715 balls)
 \$80.00 Value Card (1430 balls)

Effective January 1, 2023

* \$7.00
 ** \$10.50

Novice Golfers

New to the game of golf? Having trouble learning the way around the course? The Cerritos Iron-Wood Nine Golf Course staff would be happy to play a few holes of golf with patrons to help in these areas. Please contact the Cerritos Iron-Wood Nine Golf Course at (562) 916-8400 to schedule an appointment based on staff availability. Staff assistance is free; however, regular green fees apply.

Private Lessons

Private lessons with Cerritos Iron-Wood Nine Golf Professional Jason Holmes may be scheduled on an appointment-only basis by contacting the Cerritos Iron-Wood Nine Golf Course at (562) 916-8400. One free small bucket of practice balls per person will be furnished at each lesson.

Private (1 person) \$157/six, 1/2-hour lessons
 \$31/one, 1/2-hour lesson
 Semi-Private (2 persons) \$130 per person/six, 45-minute lessons
 \$25 per person/one, 45-minute lesson
 Small Group (3-6 persons) \$130 per person/six, 1-hour lessons
 \$25 per person/one, 1-hour lesson

Senior Golf Quarterly Tournament

Seniors, 60 years of age and older, are invited to participate in this fun-filled 9-hole, shotgun start tournament.

\$15 Tournament Fee	One Day
8595 Wed., Sept. 14 8-10 AM Golf Course	60 & Older

FEATURED

Itsy Bitsy Golf Clinic

This clinic is designed to introduce participants to the game of golf. The program will provide preschool golfers with brief instruction on grip, stance, swing and putting. Complimentary driving range use is also included. Parents are required to sign children in and out of the class.

\$15 resident/\$23 non-resident	One Day
8594 Sat., Sept. 10 4-5 PM Golf Course	4-5 years

Group Golf Lessons

Join Cerritos Iron-Wood Nine Golf Professional Jason Holmes in a relaxed group setting designed for all skill levels, from the novice to the experienced player. For novice players, fundamental skills such as stance, grip and swing will be covered. More experienced players will sharpen their skills and develop game techniques. One small bucket of practice balls will be provided at each lesson. Parents are required to sign children in and out of the class meeting.

\$70 resident/\$105 non-resident **4 classes**
Session I

8629 Sat., Sept. 10-Oct. 1 8-8:45 AM Golf Course	14-Adult
8631 Sat., Sept. 10-Oct. 1 9-9:45 AM Golf Course	8-13 years

Session II

8630 Sat., Oct. 15-Nov. 5 8-8:45 AM Golf Course	14-Adult
8632 Sat., Oct. 15-Nov. 5 9-9:45 AM Golf Course	8-13 years

Cerritos Junior Golf Academy

The Junior Golf Academy with Cerritos Iron-wood Nine Golf Professional Jason Holmes, is designed for youth golfers of all ability levels. From beginners to advanced golfers, participants will improve their game in a small group setting. Instruction will be conducted on the Course's driving range, putting greens, and pitching area. Range balls will be provided for each class and loaner clubs are available during class time. Parents are required to sign children in and out of the class meeting. NO CLASS OCTOBER 31

\$55 resident/\$83 non-resident **4 classes**
Session I

8633 Sat., Sept. 10-Oct. 1 10-10:45 AM Golf Course	4-6 years
8634 Sat., Sept. 10-Oct. 1 11-11:45 AM Golf Course	4-6 years
8637 M/W, Sept. 12-21 5-5:45 PM Golf Course	7-10 years
8638 M/W, Sept. 12-21 6-6:45 PM Golf Course	11-17 years

Session II

8639 M/W, Oct. 3-12 5-5:45 PM Golf Course	7-10 years
8640 M/W, Oct. 3-12 6-6:45 PM Golf Course	11-17 years
8535 Sat., Oct. 15-Nov. 5 10-10:45 AM Golf Course	4-6 years
8536 Sat., Oct. 15-Nov. 5 11-11:45 AM Golf Course	4-6 years

Session III

8641 M/W, Oct. 24-Nov. 7 5-5:45 PM Golf Course	7-10 years
8642 M/W, Oct. 24-Nov. 7 6-6:45 PM Golf Course	11-17 years

Aquatics, Adult/Youth

General Information

The Cerritos Olympic Swim & Fitness Center is located at 13150 E. 166th Street, adjacent to Cerritos Park East. For general information, including hours of operation and admission fees, please call the Swim & Fitness Center at (562) 407-2600. For swim lesson registration, see below.

Swim Center Hours

Recreational Swim	
Monday/Wednesday/Friday	7-9 PM
Saturday/Sunday	noon-2 PM

Adult Lap Swim	
Monday-Friday	6 AM-2 PM
Tuesday/Thursday*	7-9 PM
Saturday/Sunday	7 AM-noon

*Open to Cerritos Residents only.

A minimum of four lanes will be available for all lap swim sessions. Please refer to the Sports/Fitness section for Fitness Center hours.

Special Hours

Monday, Sept. 5, Lap Swim 7 AM-2 PM,
Recreational Swim 11 AM-2 PM

Wednesday, Nov. 23, Lap Swim 7 AM-2 PM,
Recreational Swim 11 AM-2 PM

Friday, Nov. 25, Lap Swim 7 AM-2 PM,
Recreational Swim 11 AM-2 PM

The pool will be closed on the following days:

Facility Maintenance, Monday, August 29 to Sunday, September 4

CAC Swim Meet, Saturday and Sunday, October 15 and 16

Thanksgiving Holiday, Thursday, November, 24

Admission Policies

The Swim & Fitness Center is open to Cerritos residents, accompanied guests, and adults working in the City of Cerritos. Each resident may bring up to four (4) guests during recreational swimming only.

Cerritos residents must present a valid California Driver's License or a valid California ID with current Cerritos address. Residents that have not secured a new California issued ID with a current Cerritos address must present an ID and provide a utility bill, rent receipt, tax bill, escrow papers, credit card, bank statement, or car registration that is postmarked within the last 60 days.

Children under 16 years of age may present a Cerritos resident library card. Parents are responsible for the supervision of children. Adults working in the City of Cerritos must present a valid driver's license and a business ID. Children who cannot swim and are less than four feet tall must be accompanied in the water by an adult. All residents using tickets for recreational swimming will be required to show acceptable Cerritos identification. Children over 5 years of age are not permitted in the locker room of the opposite sex.

Swim Fees

Lap Swim Fees	
\$3.00	Adults, age 18 to 59
\$2.50	Seniors, age 60 and older

Recreational Swim Fees

\$2.00	Cerritos Resident
\$2.00	Adults who work in Cerritos with business ID
\$2.50	Non-resident Child, age 17 and under. Must be a guest of a Cerritos resident (see above)
\$3.25	Non-resident Adult, age 18 and older. Must be a guest of a Cerritos resident (see above)

Ticket Booklets

Ticket Booklets are also available. Limit two books per visit. Ticket booklets are non-transferable. Patrons utilizing tickets as payment still need to meet all entrance requirements; patrons using tickets for recreational swimming will be required to show acceptable Cerritos identification.

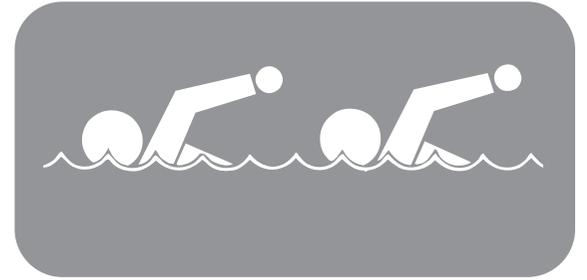
Age 17 and under	15 tickets - \$20
Adult, age 18 to 59	20 tickets - \$60
Seniors, age 60 and older	20 tickets - \$50

Please Register Carefully

Any person registered in a class above their skill level will be dropped from the class without a refund.

Free Skills Testing

Skills testing is available to registration if assistance is needed to determine class level. Participants may come to the Swim & Fitness Center during recreational swim hours for testing.



Mommy/Daddy and Me

6 months-3 years

This class allows parents to share in the fun of children learning to swim. Children will learn basic safety skills, breath control, floating, kicking and paddling. Up to two adults per child are permitted to participate. Swim diapers are available for purchase at the Swim Center.

MONDAY/WEDNESDAY

\$43 resident/\$65 non-resident

	Fall 1	Fall 2
10:30-11 AM	8683 Sept. 12-Oct. 12	8685 Oct. 17-Nov. 16*
6:30-7 PM	8684	8686

*NO CLASS OCT. 31

TUESDAY/THURSDAY

\$43 resident/\$65 non-resident

	Fall 1	Fall 2
10:30-11 AM	8999 Sept. 13-Oct. 13	9000 Oct. 18-Nov. 17

SATURDAY

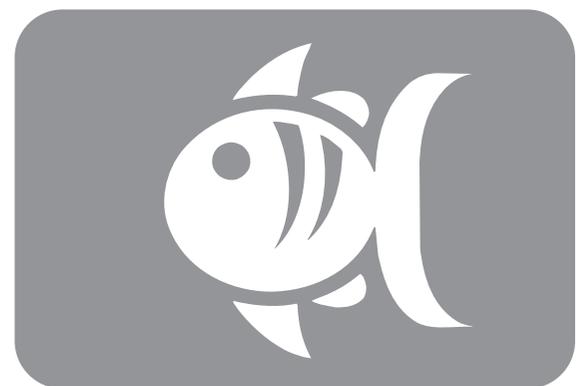
\$25 resident/\$38 non-resident

	Fall 1	Fall 2
10:30-11 AM	8687 Sept. 10-Oct. 8	8688 Oct. 22-Nov. 19

SUNDAY

\$25 resident/\$38 non-resident

	Fall 1	Fall 2
10:30-11 AM	8689 Sept. 11-Oct. 9	8690 Oct. 23-Nov. 20



Preschool Pufferfish

3-5 years

Acquaint your preschool-aged child to the aquatic environment. Beginners will learn breath control, floating and kicking. More advanced students will be presented with the basic elements of front crawl and backstroke.

MONDAY/WEDNESDAY

\$43 resident/\$65 non-resident

	Fall 1	Fall 2
10-10:30 AM	8691 Sept. 12-Oct. 12	8702 Oct. 17-Nov. 16*
11-11:30 AM	8979	8980
11:30-noon	8692	8703
noon-12:30 PM	8693	8704
12:30-1 PM	8694	8705
1-1:30 PM	8981	8982
1:30-2 PM	8695	8706
5-5:30 PM	8698	8709
5:30-6 PM	8699	8710
6-6:30 PM	8700	8711
6:30-7 PM	8701	8712
7-7:30 PM	8971	8973
7:30-8 PM	8972	8974

*NO CLASS OCT. 31

(Continued on the next page)



Preschool Pufferfishs (Continued)

TUESDAY/THURSDAY

\$43 resident/\$65 non-resident

	Fall 1 Sept. 13-Oct. 13	Fall 2 Oct. 18-Nov. 17
10-10:30 AM	8730	8739
11-11:30 AM	8983	8984
11:30 AM-noon	8731	8740
noon-12:30 PM	8732	8741
12:30-1 PM	8733	8742
1-1:30 PM	8985	8986
1:30-2 PM	8734	8743
5-5:30 PM	8735	8744
5:30-6 PM	8736	8745
6-6:30 PM	8737	8746
6:30-7 PM	8738	8747
7-7:30 PM	8975	8977
7:30-8 PM	8976	8978

SATURDAY

\$25 resident/\$38 non-resident

	Fall 1 Sept. 10-Oct. 8	Fall 2 Oct. 22-Nov. 19
8-8:30 AM	9052	9054
8:30-9 AM	9053	9055
9-9:30 AM	8748	8754
9:30-10 AM	8749	8755
10-10:30 AM	8750	8756
10:30-11 AM	8751	8757
11-11:30 AM	8752	8758
11:30 AM-noon	8753	8759

SUNDAY

\$25 resident/\$38 non-resident

	Fall 1 Sept. 11-Oct. 9	Fall 2 Oct. 23-Nov. 20
8-8:30 AM	9056	9058
8:30-9 AM	9057	9059
9-9:30 AM	8760	8766
9:30-10 AM	8761	8767
10-10:30 AM	8762	8768
10:30-11 AM	8763	8769
11-11:30 AM	8764	8770
11:30 AM-noon	8765	8771



Starfish/Minnows

6-16 years

Get acquainted with the excitement of the aquatic world. You will learn breath control, floating and other elementary skills.

MONDAY/WEDNESDAY

\$43 resident/\$65 non-resident

	Fall 1 Sept. 12-Oct. 12	Fall 2 Oct. 17-Nov. 16*
5-5:45 PM	8963	8964
6-6:45 PM	8772	8774
7-7:45 PM	8773	8775
8-8:45 PM	8965	8966

*NO CLASS OCT. 31

TUESDAY/THURSDAY

\$43 resident/\$65 non-resident

	Fall 1 Sept. 13-Oct. 13	Fall 2 Oct. 18-Nov. 17
5-5:45 PM	8967	8969
6-6:45 PM	8776	8778
7-7:45 PM	8777	8779
8-8:45 PM	8968	8970

SATURDAY

\$25 resident/\$38 non-resident

	Fall 1 Sept. 10-Oct. 8	Fall 2 Oct. 22-Nov. 19
8-8:45 AM	8961	8962
9-9:45 AM	8780	8783
10-10:45 AM	8781	8784
11-11:45 AM	8782	8785

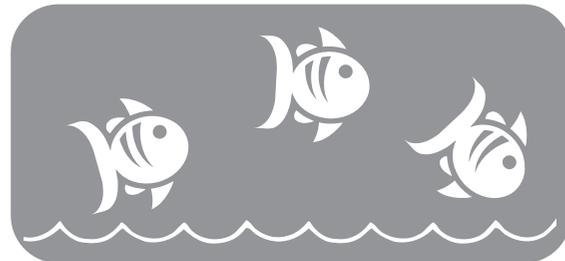
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Starfish/Minnows (Continued)

SUNDAY

\$25 resident/\$38 non-resident

	Fall 1 Sept. 11-Oct. 9	Fall 2 Oct. 23-Nov. 20
8-8:45 AM	8786	8790
9-9:45 AM	8787	8791
10-10:45 AM	8788	8792
11-11:45 AM	8789	8793



Flying Fish

6-16 years

Knowing the elementary skills of swimming; develop the front crawl and backstroke techniques. Along with these strokes, learn safety skills, self-rescue and diving. (Skills may take more than one session to complete.) Prerequisite: Minnows-level swimming skills.

MONDAY/WEDNESDAY

\$43 resident/\$65 non-resident

	Fall 1 Sept. 12-Oct. 12	Fall 2 Oct. 17-Nov. 16*
5-5:45 PM	8991	8992
6-6:45 PM	8794	8797
7-7:45 PM	8795	8798
8-8:45 PM	8796	8799

*NO CLASS OCT. 31

TUESDAY/THURSDAY

\$43 resident/\$65 non-resident

	Fall 1 Sept. 13-Oct. 13	Fall 2 Oct. 18-Nov. 17
5-5:45 PM	8993	8995
6-6:45 PM	8800	8802
7-7:45 PM	8801	8803
8-8:45 PM	8994	8996

SATURDAY

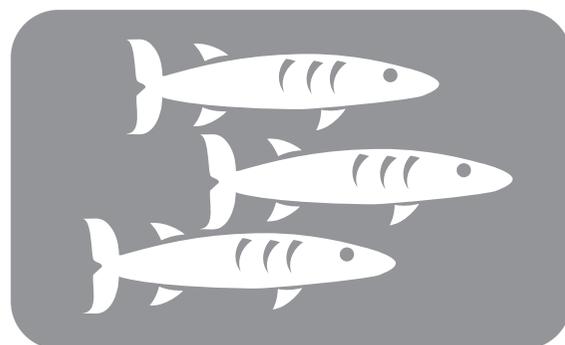
\$25 resident/\$38 non-resident

	Fall 1 Sept. 10-Oct. 8	Fall 2 Oct. 22-Nov. 19
8-8:45 AM	8804	8807
9-9:45 AM	8987	8989
10-10:45 AM	8988	8990
11-11:45 AM	8806	8808

SUNDAY

\$25 resident/\$38 non-resident

	Fall 1 Sept. 11-Oct. 9	Fall 2 Oct. 23-Nov. 20
8-8:45 AM	8809	8813
9-9:45 AM	8810	8814
10-10:45 AM	8811	8815
11-11:45 AM	8812	8816



Barracudas

6-16 years

Improve stamina, coordination, and learn breaststroke and side-stroke kicks and more safety skills. Prerequisite: Flying Fish-level swimming skills.

MONDAY/WEDNESDAY

\$43 resident/\$65 non-resident

	Fall 1 Sept. 12-Oct. 12	Fall 2 Oct. 17-Nov. 16*
6-6:45 PM	8818	8821
7-7:45 PM	8819	8822
8-8:45 PM	8820	8823

*NO CLASS OCT. 31

(Continued on the next column)

Barracudas (Continued)

TUESDAY/THURSDAY

\$43 resident/\$65 non-resident

	Fall 1 Sept. 13-Oct. 13	Fall 2 Oct. 18-Nov. 17
7-7:45 PM	8824	8826
8-8:45 PM	8825	8827

SATURDAY

\$25 resident/\$38 non-resident

	Fall 1 Sept. 10-Oct. 8	Fall 2 Oct. 22-Nov. 19
8-8:45 AM	8828	8831
9-9:45 AM	8829	8832
10-10:45 AM	8830	8833
11-11:45 AM	8997	8998

SUNDAY

\$25 resident/\$38 non-resident

	Fall 1 Sept. 11-Oct. 9	Fall 2 Oct. 23-Nov. 20
8-8:45 AM	8834	8838
9-9:45 AM	8835	8839
11-11:45 AM	8837	8841



Dolphins

6-16 years

This class coordinates, refines and polishes skills learned in previous levels. Butterfly is introduced, as are open turns, surface dives and diving. Emphasis is placed on developing efficiency, power and endurance. Prerequisite: Barracuda-level swimming skills.

MONDAY/WEDNESDAY

\$43 resident/\$65 non-resident

	Fall 1 Sept. 12-Oct. 12	Fall 2 Oct. 17-Nov. 16*
7-7:45 PM	8843	8845

*NO CLASS OCT. 31

TUESDAY/THURSDAY

\$43 resident/\$65 non-resident

	Fall 1 Sept. 13-Oct. 13	Fall 2 Oct. 18-Nov. 17
7-7:45 PM	8847	8849

SATURDAY

\$25 resident/\$38 non-resident

	Fall 1 Sept. 10-Oct. 8	Fall 2 Oct. 22-Nov. 19
8-8:45 AM	8851	8854
11-11:45 AM	8853	8856

SUNDAY

\$25 resident/\$38 non-resident

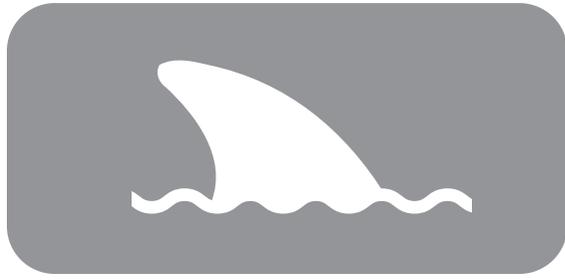
	Fall 1 Sept. 11-Oct. 9	Fall 2 Oct. 23-Nov. 20
11-11:45 AM	8859	8862

REGISTER!

**Help avoid
 program cancellations!**

**A minimum number of registered
 participants is required for each class.**

**Failure to register may result in
 program cancellations.**



Sharks

6-16 years

Prepare for a competitive team or just improve swimming skills. Learn flip turns, starts and dives. Refine the competitive strokes learned in previous classes. Prerequisite: Dolphin-level 5 card must be presented at the first class meeting. This class may be repeated.

MONDAY/WEDNESDAY

\$43 resident/\$65 non-resident

	Fall 1	Fall 2
	Sept. 12-Oct. 12	Oct. 17-Nov. 16*
8-8:45 PM	8864	8866

*NO CLASS OCT. 31

TUESDAY/THURSDAY

\$43 resident/\$65 non-resident

	Fall 1	Fall 2
	Sept. 13-Oct. 13	Oct. 18-Nov. 17
8-8:45 PM	8868	8870

SATURDAY

\$25 resident/\$38 non-resident

	Fall 1	Fall 2
	Sept. 10-Oct. 8	Oct. 22-Nov. 19
10-10:45 AM	8871	8873

SUNDAY

\$25 resident/\$38 non-resident

	Fall 1	Fall 2
	Sept. 11-Oct. 9	Oct. 23-Nov. 20
10-10:45 AM	8876	8878

Board Diving

6-16 years

Learn the basics of one and three meter springboard diving. The course will focus on safely teaching the fundamentals of basic board diving. Prerequisite: Standing front dive and Barracuda-level swimming skills. This class may be repeated.

TUESDAY/THURSDAY

\$43 resident/\$65 non-resident

	Fall 1	Fall 2
	Sept. 13-Oct. 13	Oct. 18-Nov. 17
7-7:45 PM	8883	8884

SATURDAY

\$25 resident/\$38 non-resident

	Fall 1	Fall 2
	Sept. 10-Oct. 8	Oct. 22-Nov. 19
9-9:45 AM	8886	8887

Fundamentals of Water Polo

8-17 years

This course will cover the basic skills and strategies of the game. Learn game rules, ball control, passing, shooting and basic play. Prerequisite: Barracuda-level swimming skills.

SUNDAY

\$25 resident/\$38 non-resident

	Fall 1	Fall 2
	Sept. 11-Oct. 9	Oct. 23-Nov. 20
noon-12:45 PM	8888	8889

Adult Beginning Swimming

16 years and older

This is a basic swim course for the adult just learning to swim. The course is designed to teach floating and basic stroke techniques, including the front crawl and elementary backstroke. No previous skills required.

MONDAY/WEDNESDAY

\$43 resident/\$65 non-resident

	Fall 1	Fall 2
	Sept. 12-Oct. 12	Oct. 17-Nov. 16*
8-8:45 PM	8891	8892

*NO CLASS OCT. 31

Adult Beginning Swimming (Continued)

SATURDAY

\$25 resident/\$38 non-resident

	Fall 1	Fall 2
	Sept. 10-Oct. 8	Oct. 22-Nov. 19
9-9:45 AM	8896	8898

SUNDAY

\$25 resident/\$38 non-resident

	Fall 1	Fall 2
	Sept. 11-Oct. 9	Oct. 23-Nov. 20
8-8:45 AM	8899	8901

Adult Intermediate Swimming

16 years and older

Continue to improve the front crawl and be introduced to the breaststroke and sidestroke. Depending on skill level, treading water, diving and flip turns may be introduced. The majority of class time will be spent in shallow water. Prerequisite: Adult Beginning-level swimming skills.

TUESDAY/THURSDAY

\$43 resident/\$65 non-resident

	Fall 1	Fall 2
	Sept. 13-Oct. 13	Oct. 18-Nov. 17
8-8:45 PM	8903	8904

SATURDAY

\$25 resident/\$38 non-resident

	Fall 1	Fall 2
	Sept. 10-Oct. 8	Oct. 22-Nov. 19
8-8:45 AM	8905	8906

SUNDAY

\$25 resident/\$38 non-resident

	Fall 1	Fall 2
	Sept. 11-Oct. 9	Oct. 23-Nov. 20
8-8:45 AM	8907	8908

Volunteer Opportunities

Looking for work experience or something to add flair to your college or job application? If so, the Recreation Services Division's volunteer program is a great place to start. Opportunities exist for teens and adults to assist the City in a variety of volunteer capacities within the Recreation Services Division.

All volunteers need to be 13 years of age or older, and each volunteer must have a City of Cerritos Recreation Services Division Volunteer Application/Waiver on file, complete the fingerprinting process, and attend a volunteer orientation workshop prior to being assigned to any program or event. In addition, volunteers are required to attend two enrichment workshops a year to maintain their active status.

The Application/Waiver is available online in the Recreation section of the City's homepage at cerritos.us or at any Cerritos community center. Volunteers under the age of 18 must obtain a signature from their parent or guardian. Fingerprinting is conducted by appointment only on the first Wednesday of every month, except holidays. Orientation workshops are listed below.

Pursuant to California state law, a county, city or special district shall not assign a volunteer to perform services, in a position having supervisory or disciplinary authority over a minor, if that person has been convicted of an offense specified in Public Resource Code 5164.

Registered volunteers will receive a letter with their recorded hours on a quarterly basis. Upon completion of a minimum number of service hours, volunteers will be invited to an annual volunteer recognition. The demand for volunteers, assignments, and hours vary from season to season. For more information regarding volunteer opportunities, workshops, orientations, and fingerprinting appointments, please call Heritage Park at (562) 916-8570.

Orientation Dates

August 17	7 PM	Heritage Park
September 21	7 PM	Heritage Park
October 19	7 PM	Heritage Park
November 16	7 PM	Heritage Park

Recreation Services Volunteer

Volunteers, age 13 years or older, are needed for a variety of youth activities such as Parent/Child programs, Little One's Hour, Half Pint's Night, crafts, and much more. Special events include the Halloween Festival, Christmas Tree Lighting, Summer Entertainment Showcase, and the July 4th Let Freedom Ring Celebration.

Youth Sports Volunteer

The sports section of the Recreation Services Division recruits volunteer coaches on a seasonal basis for its two youth sports leagues. Volunteer coaches must be 18 years and older and are required to undergo a certification process, which includes fingerprinting and mandatory meetings. Teen volunteers with athletic experience are needed to assist Recreation Leaders in a variety of youth sports programs. Teens will learn basic Recreation Leader responsibilities and serve as a youth organized play class instructor's assistant, a youth sports volunteer coach, a special events assistant, and more. For more information on becoming a youth sports volunteer, please call the Cerritos Sports Complex at (562) 916-8590.

Swim Assistant Volunteer

Volunteers will assist swim instructors as well as help with special events at the Cerritos Swim & Fitness Center. Orientation is required. For more information, please call the Cerritos Swim & Fitness Center at (562) 407-2600.

Facility Information

Moon Bounce use at Cerritos Recreational Facilities

Cerritos residents are permitted to have a moon bounce at their family or neighborhood-related functions at a staffed Cerritos Recreation Facility. Moon bounces are only allowed at the following Cerritos recreational facilities, during normal operating hours: Cerritos Park East, Frontier Park, Heritage Park, Liberty Park, and Westgate Park.

Please be aware of the following policies and procedures:

- Advance reservation for a shelter is required. Fees and deposits are required for all shelter reservations. There is a limited number of moon bounce areas designated at each facility. Moon bounce must be powered by a gasoline generator with enough gas to last for the duration of the reservation (maximum of six (6) hours). Moon bounces may not be plugged in to City electrical outlets.
- Moon bounce may not exceed 16ft x 16ft in size. Combos, climbers, slides or water features are prohibited.
- The permit holder must be present when the equipment is dropped off and must remain at the facility until the equipment is picked up by the vendor. All moon bounces must be supervised by an adult at all times.
- Choose from one (1) of the vendors who have a current certificate of insurance on file with the City of Cerritos or select an alternate company.
- If using an alternate company, an original certificate of insurance is required in the amount of one (1) million dollars, naming the City of Cerritos, its officers, employees, agents and volunteers as additional insured, along with an endorsement. Both documents are due at least ten (10) business days prior to the reservation date.
- All moon bounce requests are subject to approval by the Facility Coordinator and Supervisor.

Please visit one of the Cerritos Community Centers – Cerritos Park East, Heritage Park, or Liberty Park – for reservation information and facility availability.

For additional information, please contact the Recreation Services Division at (562) 916-1254.

For more information and support for accessibility of programs and facilities, please call the Recreation Services Division at (562) 916-1254.

(Continued on the next column)



Featured Facility Cerritos Skate Park



19900 Bloomfield Ave.
(562) 916-8590

Details

- 90-foot by 120-foot skate park
- Located at the east end of the Cerritos Sports Complex, north of the tennis courts
- Designed by Purkiss Rose Landscape Architecture
- Constructed by Hondo Company, Inc.

- Offers a dozen cement “street elements,” including benches, ramps, rails, curbs, pyramids, snake runs, hips and bowls
- Enclosed by wrought-iron fence
- Safe and challenging park for skateboarders and in-line skaters of all experience levels
- Bicycles and scooters not allowed

City Facilities and Hours

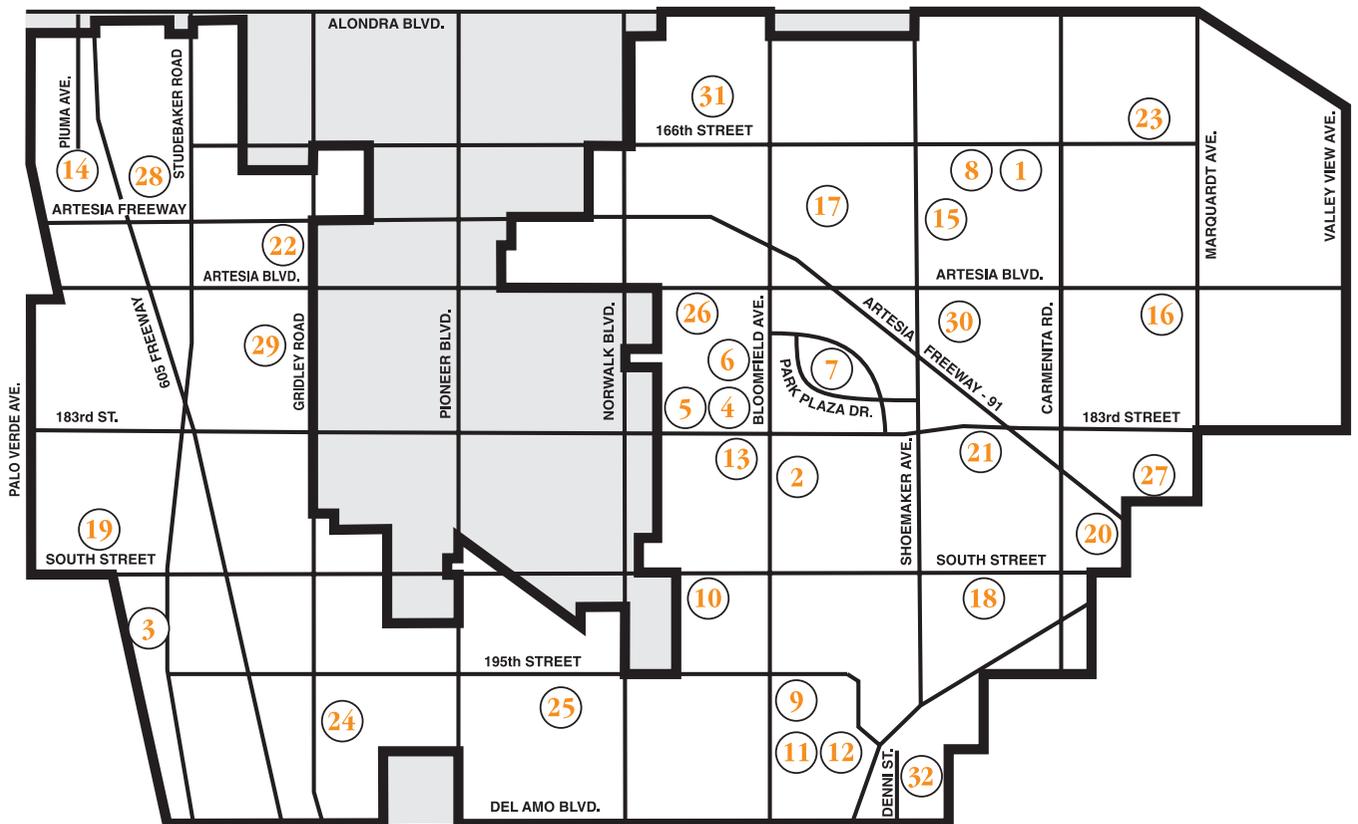
Community Centers

Monday-Friday, 10 AM-8 PM
 Saturday/Sunday, 10 AM-8 PM*
 *6 PM beginning October 2

- 1 Cerritos Park East**
13234 E. 166th St., (562) 407-2611
- 2 Heritage Park**
18600 Bloomfield Ave., (562) 916-8570
Play Island: Daily, 10 AM to Dusk
Tuesday, 2 PM to Dusk
- 3 Liberty Park**
19211 Studebaker Rd., (562) 916-8565

Special Facilities

- 4 Cerritos City Hall/Civic Center**
Bloomfield at 183rd Street, (562) 860-0311
Monday-Friday, 8 AM-5 PM
- 5 Cerritos Sheriff's Station/Community Safety Center**
18135 Bloomfield Ave., (562) 860-0044
- 6 Cerritos Library/Civic Center**
18025 Bloomfield Ave., (562) 916-1350
Monday-Friday, 11 AM-7 PM
Saturday/Sunday, 1-5 PM
- 7 Cerritos Center for the Performing Arts**
12700 Center Court Drive, (562) 916-8500
- 8 Cerritos Olympic Swim and Fitness Center**
13150 E. 166th St., (562) 407-2600
Monday-Friday, 6 AM-9 PM
Saturday/Sunday, 7 AM-2 PM
- 9 Don Knabe Community Regional Park**
19700 Bloomfield Ave., (562) 924-5144
- 10 Cerritos Senior Center at Pat Nixon Park**
12340 South St., (562) 916-8550
- 11 Cerritos Sports Complex**
19900 Bloomfield Ave., (562) 916-8590
- 12 Cerritos Skate Park at the Cerritos Sports Complex**
19900 Bloomfield Ave., (562) 916-8590



- 13 Community Gym at Cerritos High School**
12500 E. 183rd St., (562) 916-8577
- 14 Cerritos Iron-Wood Nine Golf Course**
16449 Piuma Ave., (562) 916-8400
Course Hours: Daily 6:30 AM to Sunset*
Range Hours:
Daily 6:30 AM-7 PM*
Thursday 11 AM-7 PM*
*The last range bucket will be sold 30 minutes prior to closing.
- 15 Community Gym at Whitney High School**
16800 S. Shoemaker Ave., (562) 407-2635

Neighborhood Parks

- 16 Friendship Park**
13650 Acoro St.
- 17 Frontier Park**
16910 Maria Ave., (562) 407-2648
- 18 Sunshine Park**
19310 Vickie Ave.
- 19 Westgate Park**
18830 San Gabriel, (562) 916-8580
- 20 Bettencourt Park**
13575 Andy St.
- 21 Brookhaven Park**
13167 Brookhaven St.
- 22 Ecology Park**
17133 Gridley Rd.
- 23 Gonsalves Park**
13611 E. 166th St.
- 24 Gridley Park**
Gridley and Yearling
- 25 Jim Edwards Park**
Jacob and Yearling
- 26 Loma Park**
17503 Stark St.
- 27 Rainbow Park**
18600 S. Linda Cir.
- 28 Reservoir Hill Park**
16733 Studebaker Rd.
- 29 Rosewood Park**
17715 Eric Ave.
- 30 Saddleback Park**
13037 Acoro St.
- 31 Satellite Park**
12410 Ash Creek Road
- 32 El Rancho Verde Park**
7815 Denni St.

Registration Instructions



RACER Powered by CivicRec offers many exciting features for patrons to register for classes and activities.

Below are the required steps to register for a RACER account:

1. Have an existing e-mail address
2. Visit a City facility and provide a valid photo ID for each adult within your family.
Proof of age is required for children under the age of 18 and be one of the following:
 - Birth Certificate (original or copy)
 - Statement from the local registrar or County Recorder listing the date of birth
 - Baptism certificate (duly attested)
 - Passport
 - Adoption Record
 - Hospital or physician's certificate listing the date of birth
 - Affidavit from the parent, guardian or custodian of the minor
 - Current year tax form
 - Insurance paperwork
 - School I.D. or school emergency card with birthdate

After your account has been created, you will be able to register on-line for classes and activities.

RECREATION SERVICES DIVISION

Bloomfield Avenue at 183rd Street
Cerritos, California 90703
Monday-Friday, 8 AM - 5 PM (562) 916-1254

REGISTRATION INSTRUCTIONS

- Step 1 Read through the brochure for suitable classes
- Step 2 Choose method of Registration: On-line or Walk-in – NOTE DATES OF REGISTRATION (Any patron that does not have a RACER account must submit proper paperwork, which includes a birth certificate for all children 17 years and under.)
- Step 3 Confirmation of registered and waitlisted classes can be viewed on-line. If a class is full, you may be placed on the waiting list and no payment will be taken for the registration. Staff will contact you if a space becomes available.

REGISTRATION

Cerritos HomePage: cerritos.us

Cerritos Resident On-Line and Walk-In
All Classes

Saturday, August 6 at 10 AM

Non-Resident On-Line and Walk-In

All Classes

Friday, August 12 at 10 AM

On-line registration is the recommended method of registering for classes. To check the availability of classes or register for classes, please visit the Cerritos HomePage at cerritos.us and look for the on-line registration link. RACER is best viewed with Internet Explorer. Before registering for classes on-line, be sure to create and activate your RACER account.

If computers are not accessible for patrons, computers at the Cerritos Library may also be used.

You **will not** receive confirmation by mail for classes that were registered on-line. Please print a receipt at the conclusion of your transaction.

Visa, MasterCard, Discover, and American Express are accepted payment types for on-line registration.

Walk-in registration will be held at all community centers, Swim & Fitness Center and Golf Course, beginning at 10 AM. Registration will continue until classes are full.

COVID-19 NOTE

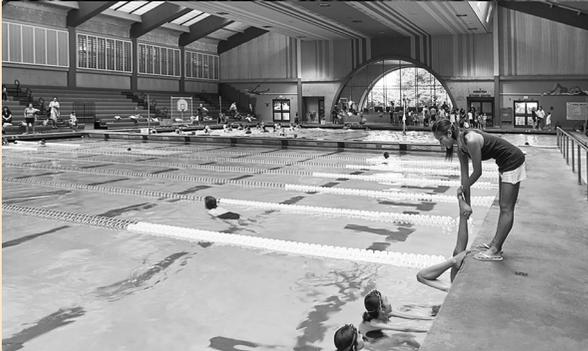
Activities listed in the Community Services Program will only be conducted if allowed by Los Angeles County Department of Public Health guidelines at the time of the class/activity and are subject to cancellation. Some classes/activities may be limited in capacity to accommodate these guidelines. Additional protocols may be in place such as use of face masks and the use of participants own equipment. Please do not arrive earlier than ten (10) minutes prior to class and leave promptly when class has ended. Participants will be required to complete a COVID waiver prior to the first class. We appreciate your patience as we work together to provide safe and meaningful programs.

ADDITIONAL INFORMATION

- **MAIL-IN and PHONE-IN registration is no longer being accepted.**
- Classes will begin the week of **September 6** unless otherwise listed.
- Class fees and times are subject to change without notice.

REFUND POLICY:

- **If a class is cancelled by the City, a full refund will be given.**
- **If the request to withdraw from a class is three (3) days or more before the first class meeting, a refund will be granted, minus a \$5 service fee per registrant, per class.**
- **Requests for class withdrawal less than three (3) days prior to the first class meeting will not be granted.**
- **Any person registered in an aquatics class above their skill level will be dropped from the class without a refund.**



August Library News

LIBRARY HOURS

Cerritos Library Increases Weekend Hours

Monday–Friday
11 a.m.–7 p.m.

Saturday–Sunday
11 a.m.–5 p.m.

REGISTRATION

In order to register, patrons must be in the City's RACER registration database. For more information, please visit the City of Cerritos website at cerritos.us.

CLASSES/RACER ONLINE REGISTRATION TIPS

To check the availability or to register for classes, please visit the Cerritos website at cerritos.us and look for the Classes/RACER link. You will not receive confirmation by mail for classes registered online.

Please print a receipt at the conclusion of your transaction and bring it with you to the first day of the event or class. For additional information, please call the Library Reservation Desk at (562) 916-1388. Computers at the Cerritos Library may be used to access RACER.

ONLINE REGISTRATION

cerritos.us

Cerritos Resident online registration for all programs listed begins **Mon., Aug. 1 at 11 a.m.**

Non-Resident online registration for all programs listed begins **Mon., Aug. 8 at 11 a.m.**

PHONE REGISTRATION

Call (562) 916-1388

Cerritos Resident phone registration for all programs listed begins **Tues., Aug. 2 at 11 a.m.**

Non-Resident phone registration for all programs listed begins **Mon., Aug. 8 at 11 a.m.**

WALK-IN REGISTRATION

Cerritos Resident walk-in registration for all programs listed begins **Mon., Aug. 1 at 11 a.m.**

Non-Resident walk-in registration for all programs listed begins **Mon., Aug. 8 at 11 a.m.**



SAFETY REMINDER

It is strongly recommended that everyone age 2 and older wear a face covering when inside the Cerritos Library, per the Los Angeles County Health Officer Order.

COVID-19 WAIVER

Program participants will be required to complete a COVID-19 waiver.

The following Library programs require advance registration:

For more information call (562) 916-1388, unless otherwise noted.
Seating is limited for all programs.

WE SYNTH EXPLORATION LAB

Explore sound and music by experimenting with synthesizers, drum machines, sequencers and other fun instruments. Andy Zacharias, who has taught music in Southern California for more than 20 years, will lead this program. Space is limited to 20 participants.

9002 Tues., Aug. 9 2-3 p.m.
Ages 8-12 Art Studio

CODING POWER 101

Participants will learn basic coding elements used in computer programming in this fun hands-on class. This class is taught by student volunteers from Oxford Academy, Whitney High School and Cerritos High School. The instructors come from Coding Power, a non-profit organization that is dedicated to providing free computer science education in local communities. Space is limited to 15 participants.

9003 Wed., Aug. 10-Aug. 31 4:30-6 p.m.
Ages 12-17 Hi-Tech Lab

CODING POWER 102

Students will practice the concepts and skills learned in Coding Power 101 to reach coding efficiency on accuracy and speed. This class is taught by student volunteers from Oxford Academy, Whitney High School and Cerritos High School. The instructors come from Coding Power, a non-profit organization that is dedicated to providing free computer science education in local communities. To take this course, students must also be registered for Coding Power 101. Space is limited to 15 participants.

9008 Fri., Aug. 12-Sept. 2 4:30-6 p.m.
Ages 12-17 Hi-Tech Lab

FAMILY LEGO BLOCK PARTY

Join us for an afternoon of Lego building, bingo and crafts in the Children's Library. To participate in this fun party be sure to register for the following programs.

Schedule of Events for Thurs., Aug. 11

LEGO DUPLO BUILDING

Children will build and create their own LEGO DUPLO creations using DUPLO building blocks. Little ones will build and create while improving their motor skills. The library will provide the DUPLOS. Space is limited to 10 participants

9004 Thurs., Aug. 11 2-2:45 p.m.
Ages 2-4 Little Theater

LEGO BINGO

Join us for a fun game of bingo with a twist. Test your skills at identifying Lego bricks and see if you're the lucky winner. Space is limited to 12 participants.

9005 Thurs., Aug. 11 2-2:45 p.m.
Ages 8-10 Art Studio

LEGO BUILDING

Children will build, create and share their very own LEGO creations based on a chosen theme. The library will provide the LEGOS, you provide the imagination! Space is limited to 10 participants.

9006 Thurs., Aug. 11 3-3:45 p.m.
Ages 5-8 Little Theater

LEGO PAINTING CRAFT

Paint and decorate your own 3D Lego-themed pieces. Space is limited to 12 participants.

9007 Thurs., Aug. 11 3:30-4:30 p.m.
Ages 8-11 Art Studio

TEEN LIBRARY LOCK-IN

Join us for our Teen Lock-In! Activities include crafts, board games and a PG-13 rated movie. Teens will also design a personalized tote bag and paint fun designs on rocks. A pizza dinner will be served. Space is limited to 12 participants. The fee is \$5. No refunds will be given. Participants must be signed in and out of the program by a parent or legal guardian.

9009 Sat., Aug. 13 5:15-8 p.m.
Ages 11-14 Art Studio

PERCY JACKSON'S END-OF-SUMMER CELEBRATION PROGRAMS

Join us for fun programs celebrating Percy Jackson.

CAMP HALF-BLOOD NECKLACE CRAFT

Create your own Camp Half-Blood Necklace from the Percy Jackson series! Space is limited to 10 participants.

9023 Mon., Aug. 15 2-3 p.m.
Ages 9-12 Art Studio

TRIAL OF ATHENA: PERCY JACKSON JEOPARDY

Do you have what it takes to pass the Trial of Athena? Test your knowledge of the Percy Jackson and the Olympians series by entering our "Jeopardy!" challenge. Space is limited to 12 participants.

9024 Tues., Aug. 16 3-4 p.m.
Ages 9-12 Skyline Room A

LAST DAY OF CAMP CHALLENGE

Attention, campers! Summer is almost over and, to celebrate, we are having a game day! Compete for laurels in our Percy Jackson-themed event! Activities include Stop and Go-rigon, Capture the Flag and more! Space is limited to 20 participants.

9026 Thurs., Aug. 18 3-4:30 p.m.
Ages 9-12 Skyline Room

CRAFTS FOR ADULTS: BOOKBINDING

Participants will make two handmade books using ledger and twig binding techniques. These styles are perfect for learning beginner bookbinding and the books can be used as journals, guest books or recipe books. All materials and supplies provided. The fee is \$5. No refunds will be given. Space is limited to 16 participants.

9029 Wed., Aug. 17 6 p.m.
Ages 18 and over Skyline Room A

STAY & PLAY PROGRAM

Join us as we move to music, play with toys and make new friends! Space is limited to 15 participants.

9027 Fri., Aug. 19 11 a.m.-noon
Ages 2-5 Little Theater

ANIMATION CODING WITH CERRITOS CODER SCHOOL

Students will use Scratch to create cool stories and animations while learning the fundamentals of coding. This class is for creative coders who are interested in storytelling and animating. It is recommended that students have intermediate reading skills and an interest in games and coding. Space is limited to 20 participants.

9028 Mon., Aug. 29 3:30-4:30 p.m.
Ages 8-12 Hi-Tech Lab

August Library News

Continued from page 3

The following Library programs do not require advance registration:

MUSIC FOR SOLO VIOLIN: CINEMA AND ROMANCE

Paul Stein, a member of the Los Angeles Philharmonic for 36 years, will perform the beautiful violin music of Johann Sebastian Bach and Aaron Copland, along with movie music from "Cinema Paradiso" and "Schindler's List."

Tues., Aug. 9 6 p.m.
All Ages Skyline Room

RANCHO LOS CERRITOS ORCHARD HISTORY AND RESTORATION

In a talk titled "Bountiful Harvest," Marie Barnidge-McIntyre tells the tale of the restoration of the 1930s subtropical orchard at the National Historic Landmark, Rancho Los Cerritos. Learn about the fascinating history of the fruit trees and the people who developed them. This program was supported in whole or in part by funding provided by the State of California, administered by the California State Library.

Wed., Aug. 10 6 p.m.
All Ages Skyline Room

BOOK CLUB FOR ADULTS

The Book Club for Adults will meet for a book discussion. Participants will discuss the book "The Girls in the Picture" by Melanie Benjamin. For more information, call Jo-Anne Alvarez at (562) 916-1340.

Wed., Aug. 17 11 a.m.-noon Board Room

NIGHT AT THE MOVIES: "PLANET OF THE APES" (1968)

Theo Siegel will discuss the making of "The Planet of the Apes," followed by a screening of the film. This film is rated G and has a running time of 112 minutes.

Fri., Aug. 19 6 p.m.
Ages 18 and over Skyline Room

ARTS & CRAFTS FOR KIDS

A free hands-on Back to School craft will be held in the Art Studio for children ages 2-12. This glue-and-go craft will take approximately 10 to 15 minutes to complete.

Fri., Aug. 26 11 a.m.-12 p.m. and 5-6 p.m.
Ages 2-12 Art Studio

IN CONVERSATION WITH HA NGUYEN OF 7 LEAVES CAFE

7 Leaves Cafe's humble beginning was in a 1,100-square-foot store located in the heart of Little Saigon, where a band of brothers and close friends met in 2011. With backgrounds in law, banking, sales and engineering, this group rolled up their sleeves and lit the fire that eventually became 7 Leaves Cafe.

Today, 7 Leaves has expanded across Orange and Los Angeles Counties, including a location in Cerritos. Join us as we learn about this family enterprise from Ha Nguyen, one of the founders and owners of 7 Leaves Cafe. Following the presentation, Nguyen will hold a question-and-answer session.

Thurs., Sept. 8 7 p.m.
All Ages Skyline Room

LIBRARY DISPLAYS

Cerritos Library is exhibiting a variety of dinosaur bone replicas and fossils in honor of its 47th annual Summer Reading Program, "DinoSOAR into a Reading Adventure." The replicas and fossils are part of the Library's collection from the Black Hills Institute in South Dakota, and are featured in the Library's Main Street through August.

"Through the Lens: An Asian American Experience in 2021" will be displayed on Main Street next to the Craftsman Area from Thursday, August 11 through Monday, August 22. The exhibition was co-organized by the Press Photographers Association of Greater Los Angeles and the Chinese Culture Development Center. The exhibition features more than 50 photos by 10 leading Los Angeles photojournalists. These photos provide a panoramic view of 15 anti-Asian discrimination rallies and commemorative events that took place throughout the Greater Los Angeles area from February 20 to June 26, 2021.

Harvest citrus safely to donate and share

Come summertime, gardeners are often rewarded with a bounty of fresh homegrown fruits. Before sharing the surplus fruits with neighbors, churches, charities or community food banks, take precautionary steps to ward off the deadly citrus tree disease Huanglongbing (HLB).

One of the biggest disease threats to the state's \$3.4 billion citrus industry, HLB is spread by a pest called the Asian citrus psyllid (ACP), which feeds on citrus tree leaves. While not harmful to humans or animals, there is no cure for HLB, and infected trees will die. HLB has been found in Los Angeles, Orange, San

Bernardino and Riverside counties.

The best way to protect citrus trees from HLB is to prevent the movement of the pest. To combat the disease, the Citrus Pest & Disease Prevention Program has developed the following tips for harvesting fruit:

- Remove all leaves, stems and branches before citrus is moved from the property.
- Wash fruit thoroughly before moving the fruit.
- Fully open bags carrying the citrus, dump and shake them out, and remove any stems, leaves or other debris before leaving the property.
- Inspect clothes, personal items (hats, gloves,

sleeves, etc.) and vehicles for plant material and brush them off before leaving the property.

- Report any suspected findings of the disease to the California Department of Food and Agriculture at (800) 491-1899.

To donate fruit, visit the California Association of Food Banks website at cafoodbanks.org. The site lists groups that will accept fruit donations by zip code. Food Forward collects fresh fruits and vegetables that would normally go to waste to donate to Southern California hunger-relief agencies. Visit foodforward.org for a list of organizations. ■

The Cerritos News

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Communications Division
P.O. Box 3130
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(562) 916-1320



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Councilmember Naresh Solanki
Councilmember Frank Aurelio Yokoyama

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CCPA (562) 916-8510
Cerritos Library (562) 916-1350
Cerritos Senior Center (562) 916-8550
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